




STÁ TRIÁ (a variation)
(Epiros, Greece)

- Source: Stá Triá (stah TREE-ah) is a dance which is done mainly in the northern part of Greece -- in particular it is found in Thessaly, Makedonia, and Epiros. It was also done in Arkadia.
- Bibliography: Elliniki Hori, V. Papañristos (Athens, 1960)
Elliniki Hori, A. Bikos (Athens, 1969)
Folk Dances of the Greeks, T. Petrides, (N.Y. 1961)
- Music: 2/4 meter. Any good Stá Triá tune in 2/4 can be used, but preferably the tempo should be slightly fast.
"Sán Pás Malá Mou" - Monitor LP
"Dodeka Meron Nyfoula" - T'aidonia LP 1 or FolkArt EP
"Mi Me Kytas Sta Matia" - T'aidonia "45" 5A
Panivar 230-A (45)
- Formation: A broken circle with hands joined at shoulder height, elbows bent and down. The hands should not be pushed fwd into the circle, but should be comfortably back near the shoulders.
- Characteristics: Stá Triá is a dance for both M and W. This is a variation of the dance and when this step is done it is done all the way through the music with no other variations except for leader's turns, etc., or changing leaders.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
I		Step sdwd to R on R ft. Step across in front of the R ft on L ft.
II		Step sdwd to R on R ft (face ctr). Step across in front of R ft on L ft. Step back in place on R ft.
III		Step to L on L ft. Touch R ft next to L ft; or slightly lift R ft in front of L ft.

Presented by John Pappas