

# STĀPIL DOBRI

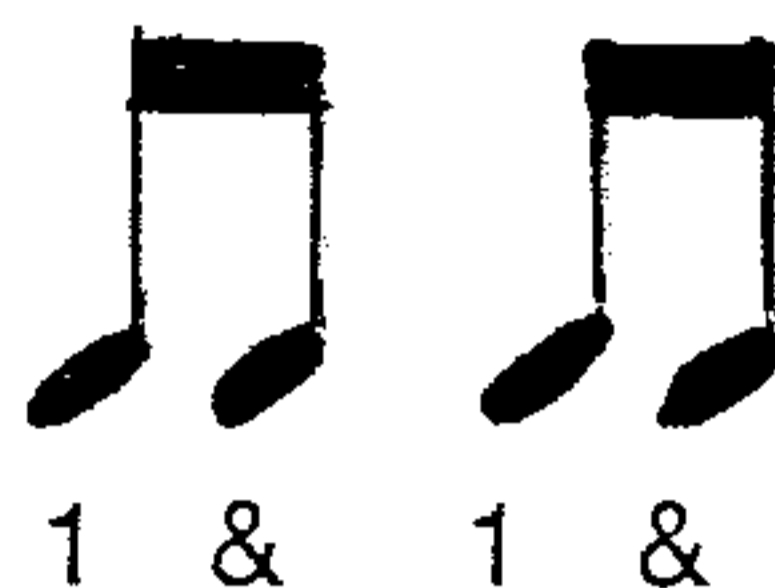
Bulgaria

**BACKGROUND:** This dance is named after the original song and melody to which it is performed *Stāpil Dobri*. The song is popular in both Trakia and Dobrudza. This variant is from Dobrudza and was originally introduced by Ivan Gavrilov, choreographer from Dobrič, Bulgaria. Similar dances from other parts of Dobrudža are known as *Talima* and *Ajšja*

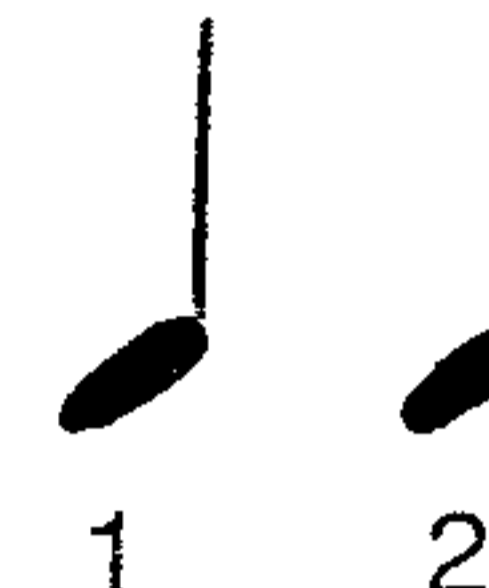
**ORIGIN & STYLE:** Dobrudža (North-East Bulgaria). The style is, the woman's style of Dobrudža, i.e.: light and small bouncy hand movements and claps.

**METER**

2/4



counted here as



**MUSIC:**








CD "Bulgarian Folk Dances – JL2009.02

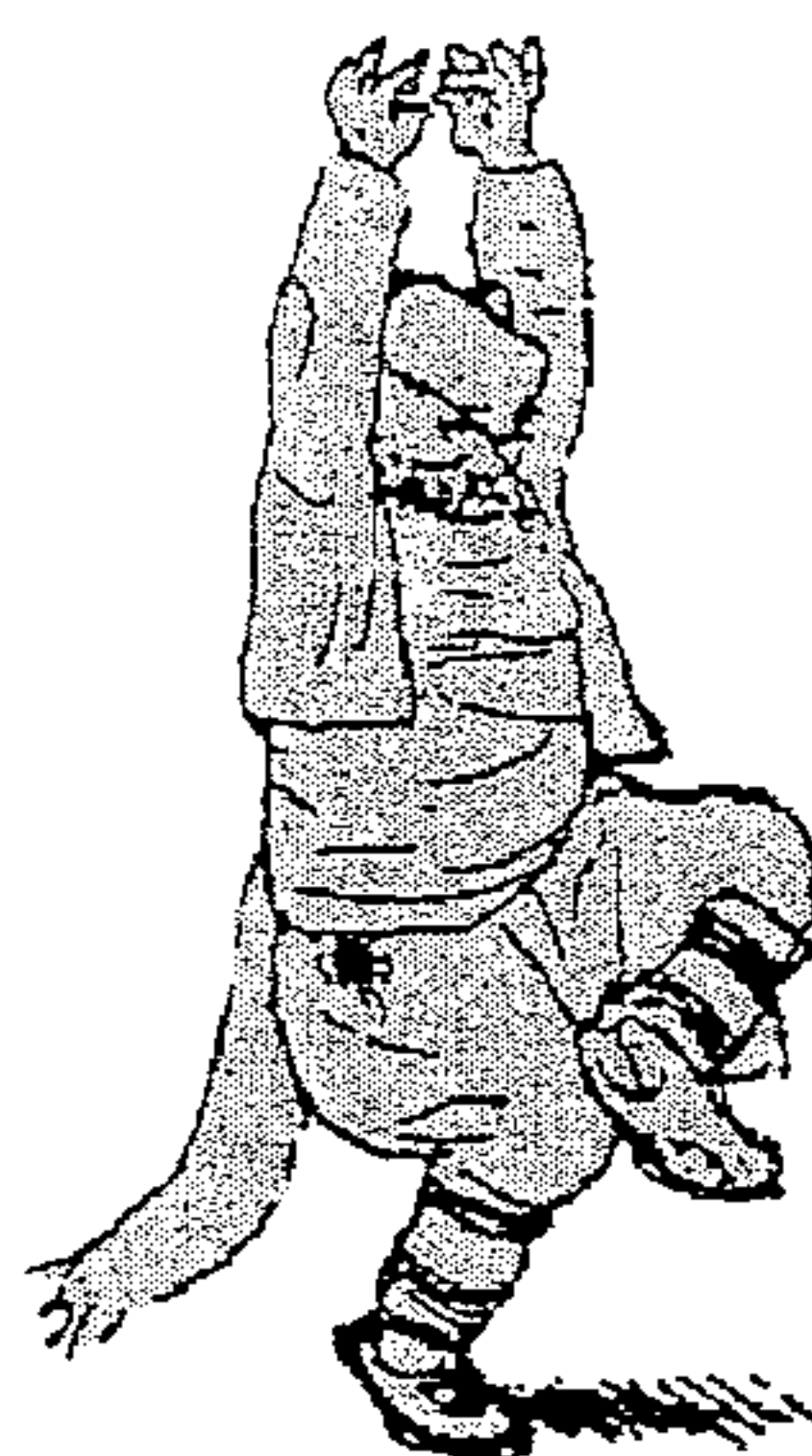
**FORMATION:** Open circle. Hand held at W-position

**INTRODUCTION:** 16 bars instrumental introduction

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u>	<u>Part 1 "Song"</u>
	1	1	facing diag and moving LOD, step on R heel step on L ft step on R ft	
		&		
		2		
	2		repeat action of meas 1 with opp ftwk	
	3		repeat action of meas 1	
	4	1	Facing diag, dancing in place, small lift (heel tap) on R ft, extending L leg fwd low and clap in both hands in front at shoulder hight repeat action of ct 1	
		2		
	5		small three-step in place turning diag L: step on L ft (ct 1), step on R ft ct &), step on L ft (ct 2)	
		6		
	7	1	facing ctr, dancing in place, step on R ft stamp L ft, without wt, next to R ft	
		2		
	8	1	step on L ft	
		2	stamp R ft, without wt, next to L ft	
	9-16		repeat action of meas 1-8	

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<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u> Part 2 "Instrumental"
	1	1	facing and moving in LOD, leap onto R ft
		2	step on L ft
	2		repeat action of meas 1
		3	
	4	1	step on R ft sdwd R
		2	hop on R ft, swinging arms bkwd low
	5		facing ctr, moving in a loop fwd-L
		1	step on L ft
	6	1	step on R ft, across in front of L ft
		2	hop on R ft
	7		facing ctr, moving bkwd
		1-2	two running steps L,R
	8		small set-like three-step in place: step on L ft (ct 1), step on R ft ct &), step on L ft (ct 2)
		9-16	



Dance description by Jaap Leegwater  
 Presented by Jaap Leegwater at the Camillia Festival, Sacramento, CA in March 2010  
<http://www.jaapleegwater.com>

# Stâpel Dobri 6/8

Bulgaria

A D A D A  
D A D Em Hm

*Lied*

Stâ- pel do- bri stâ- pel do- bri na byal mer- mer ka- mak  
Hm A D

da si me- ri da si me- ri ši- va gur- gu- li- ca  
Hm G Em A Hm Em Hm

Ne umeri, ne umeri  
Šiva gurgulica  
Naj umeri, naj umeri  
Kletoto si sârce

Vikna dobri, vikna dobri  
Vikna ta zaplaka  
Vikna dobri, vikna dobri  
Vikna ta zaplaka

Deto padna, deto padna  
Tam me zarovate  
Do glava mi, do glava mi  
Konče zavaržete

Kon da rovi, kon da rovi  
Mene da zarovi  
Kon da cvili, kon da cvili  
Mene da oplakva