

Stara Maleševka

(Macedonia)

This dance from the town of Maleševo and the surrounding villages is very characteristic of this part of eastern Macedonia between Bulgarian and Greek Macedonia. It is danced at all types of festive occasions, and was carried to the various villages in the region by the better dancers when they went to visit their relatives., etc.

Pronunciation: STAH-rah mah-LEH-shev-kah

Cassette: Macedonian Folk Songs and Dances AK014, Side B/7. (not on record AK014)

Rhythm: 7/8 meter: 1-2-3,4-5,6-7, counted as S,Q,Q.

Formation: Open, mixed lines, "W" hand position. Can be danced in separate lines - then men use shldr hold and women use "W."

Meas

Pattern

INTRODUCTION. None (or let the first 8 meas go by).

BASIC.

- 1 Facing diag R and moving in LOD, wt on L ft, lift on L (cts 1-3)(S); step on R (cts 4-7)(Q,Q).
- 2 Lift on R (cts 1-3)(S); step on L (cts 4-7)(Q,Q).
- 3 Leap onto R to R (cts 1-3)(S); step on L (cts 4-7)(Q,Q).
- 4 Small step on R in place (cts 1-3)(S); touch L (full ft) in place (cts 4-7)(Q,Q).
- 5 Facing LOD, leap on L to R (ct 1-3)(S); step on R to R (cts 4-7)(Q,Q).
- 6 Step on L to ctr (cts 1-3)(S); step on R bkwd (cts 4-7)(Q,Q).
- 7 Hop on R, lifting L (cts 1-3)(S); step on L in place (cts 4-7)(Q,Q).
- 8 Step on R in front of L (cts 1-3)(S); step on L bkwd (cts 4-7)(Q,Q).

VARIATION.

- 1-3 Same as Basic above.
- 4 Small leap onto R (cts 1-2); step on L (ct 3); small leap onto R (cts 4-5)(Q); step on L (cts 6-7)(Q).
- 5 Hop on L turning to face ctr (cts 1-3)(S); step on R (cts 4-7)(Q,Q).
- 6-8 Same as Basic above.

Presented by Atanas Kolarovski
Notes revised for 1990 Errata and Addenda