

STARA MALEŠEVKA

(Macedonia)

SOURCE: This dance from the town of Maleševo and the surrounding villages is very characteristic of this part of eastern Macedonia between Bulgarian and Greek Macedonia. It is danced at all types of festive occasions, and was carried to the various villages in the region by the better dancers when they went to visit their relatives, etc.

MUSIC: Folk Dances from Macedonia, Yugoslavia. Side B, #4

RHYTHM: 7/8 counted slow, quick, quick (S,Q,Q)

FORMATION: Open, mixed lines. W hand position. Can be danced in separate lines - then men use shoulder hold and women use W.

METER: 7/8

PATTERN

Meas

Facing slightly R and moving in LOD, weight on L ft.

- | | | |
|---|----|--------------------------------------|
| 1 | S | Lift on L ft |
| | QQ | Step on R ft |
| 2 | S | Lift on R ft |
| | QQ | Step on L ft |
| 3 | S | Leap on R ft to R |
| | QQ | Step on L ft |
| 4 | S | Step on R ft |
| | Q | Step on L ft in place |
| | Q | Step on R ft in place |
| 5 | S | Leap on L ft to R, crossing in front |
| | QQ | Step on R ft to R |
| 6 | S | Step on L ft forward |
| | QQ | Step on R ft backward |
| 7 | S | Hop on R ft, lifting L |
| | QQ | Step on L ft in place |
| 8 | S | Step on R ft forward |
| | QQ | Step on L ft backward |

Variation:

- | | | |
|-----|----|----------------------|
| 1-3 | | Same as basic above |
| 4 | S | ct. 1-2 Step on R ft |
| | | ct. 3 Step on L ft |
| | Q | Step on R ft |
| | Q | Step on L ft |
| 5 | S | Hop on L ft |
| | QQ | Step on R ft |
| 6-8 | | Same as basic above |