

Stara Polkica

(Pokuplje, Croatia)

A dance performed in couples as done in Pokuplje, Stara Polkica is part of an older stratum of couple dance. The source is festivals and video footage.

Pronunciation:

Cassette: Barry Glass Special Tape – Stockton 1996 2/4 meter

Formation: Couples scattered about the dance space. Shldr-waist hold with arms “rounded.” M’s arms are under.

Steps and Styling: A flat walk throughout. Step is light and natural. M begins with R and W with L. Two walking steps per meas. Throughout the dance, arms (and to a lesser extend the upper body) lean R on ct 1 of each meas and L on ct 2.

Meas

Pattern

1-4 8 walking steps, M moving fwd and W bkwd.

5-8 Reverse direction with 8 more walking steps.

9-16 Repeat meas 1-8.

17-24 16 walking steps sdwd L and R (from M’s point of view). This is a kind of “rocking” back and forth. Couple makes about 2 turns CW during this.

25-32 Repeat meas 17-24 with opp direction (ftwk continues throughout).

Note: On last two steps of each direction, dancers may accentuate with light stamps (i.e., meas 24 and 32).

Dance repeats from the beginning. Using the directional guidelines above, couple moves freely about the dance space.

Presented by Barry Glass