

## STARÁ VLAINA

(Southeastern Serbia)

Pronunciation: Stah'-ra Vla' -ee-na. (Old Vlach Kolo)

Source: Originally described by the Janković sisters in their book, "Narodne Igre", Vol. I, published by Prosveta, Belgrad, 1934.

Music: Jugoton C-6579, "Stara Vlaina".

Form'n: Open circle, leader at R end. Each dancer grasps belt of nearest persons in line, with L arm in front of neighbor's R arm. End dancers may tuck thumb of free hand inside own belt, or place arm behind back. This is basically a man's dance.

Meas.      Pattern

2/4 time

- 1      Step to R with R (ct 1), cross L in front of R (ct 2).
- 2-3    Repeat action of measure 1, two more times.
- 4      Step to R with R (ct 1), swing L across in front of R (ct 2).
- 5      Step to L with L (ct 1), swing R across in front of L (ct 2).
- 6      Step to R with R (ct. 1), swing L across in front of R (ct. 2).
- 7      Step to L with L, (ct 1), swing R in front of L (ct. 2).
- 8      Repeat action of meas. 5 or (later in the dance) stamp L, R, L in place.