

Presented by Yves Moreau
~~STARCESKA~~ ~~RACENICA~~
 Western Bulgaria (Scp)

Stahr-CHESS-kah Ruh-cheh-NEE tsah

Learned by Yves Moreau, March 1970 from village dance group of Sapareva Banja, Pernik District, at folk festival held in Pernik. This version of the Račenica is usually done by old people. The steps are quiet and heavier than other račenica dances of that area. The tempo is slower. The ten measure pattern is quite common in Western Bulgaria as well as in East Macedonia and East Serbia.

RECORD: Worldtone WT-YM 005-b

METER: 7/16. 1-2, 1-2, 1-2-3. Counted here as 1, 2, 3.

FORMATION: "Na lesa". Mixed lines of M & W, belt hold, L over R, Face ctr. wt on L ft.

STYLE: Heavy peasant quality. Pretend you're over 80 years old...! Steps are small. Upper part of body is erect and proud.

*LEADER MAY ALSO CHANGE PATTERN BY SHOUTING
 "HOPA", "A SEGA", OR "NOVO" - OR THE CALLS BELOW*

PATTERN

Measure Introduction (Fast Music) --- No action

I. BASIC (Can be called "Osovno")

- | | |
|------|--|
| 1 | Step sideways R on R (ct 1) Hold (Ct 2) Cross L in front of R (ct 3) |
| 2 | Step sideways R on R (ct 1) Hold (ct 2) Step on L behind R (ct 3) |
| 3 | Small step on R to R (ct 1) step on L slightly in front of R (ct 2)
Shift wt back on R (ct 3) |
| 4 | Reverse pattern of meas 3 |
| 5 | Touch tip of R ft sideways R, wt remains on L (ct 1), Hold (ct 2)
Step on R ft, crossing in front of L (Ct 3) |
| 6 | Step to L on L (ct 1) Hold (ct 2) Step on R behind L (Ct 3) |
| 7-8 | Reverse pattern of meas 5-6 |
| 9-10 | Repeat pattern of meas 3-4 |
- NOTE: Whenever a foot is crossed in front or behind, dancer may make a sharp flexion of knee if desired.

II. FORWARD & BACK (Called "Napred")

- | | |
|-----|--|
| 1 | Facing ctr and wt on L, touch tip of R ft slightly fwd & diag R (ct 1)
Hold (Ct 2) step on R slightly fwd & crossing in front of L (ct 3) |
| 2 | Reverse ftwork of meas 1, FIG II |
| 3-4 | Repeat pattern of meas 1-2 |
| 5-8 | Repeat pattern of meas 1-4, reversing direction to move bwd |
- NOTE: There is no set sequence or order for the above figures.