

STARO BANSKO HORO

Старо Банско Хоро
(Bulgaria - Pirin)

Dance from the region of Bansko in the Pirin Mountains. Observed by Yves Moreau at a Folk Festival in the nearby town of Razlog, summer 1969.

Pronunciation: STAH-roh BAHN-skoh Hoh-ROH
Music: Yves Moreau CD
Rhythm: 7/8 counted here as SQQ or 1-2-3, 1-2, 1-2-3 or 1,2,3
Formation: Mixed open circle or short line, hands slightly fwd in "W" pos. Face slightly R of ctr, Wt on L
Style: Macedonian. Very light and proud but low to the ground

Meter: 7/8

Pattern

Introduction, 4 meas. (hand drum). No action.

1. Basic figure

- 1 Facing and travelling in LOD, step on R fwd (1) close L behind R (&) step fwd on R (2) pause (3)
- 2 Continue travelling in LOD with same footwork as in meas. 1, but starting with L ft
- 3 Turning to face ctr, step on R ft (1) raise L ft in front of R leg with two light bounces on R ft (2-3)
- 4 Step fwd onto L ft (1) lift onto L ft bringing R ft behind L calf with two light bounces on L ft (2-3)
- 5 Still facing ctr, step back onto R ft (1) close L ft to R ft and bounce twice in place on both feet (2-3)
- 6-15 Repeat pattern of meas 1-5, two more times

2. Transition pattern

- 1-3 Repeat pattern of meas 1-3, Fig. 1
- 4 Same action as in meas 3, Fig. 1 with reverse direction and footwork

Dance repeats from beginning, alternating basic figure and transition pattern.

Presented by Yves Moreau

Description © Yves Moreau

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Mori trâgnali sa le malči momi
Cvete v livade da berat
Venki i čiči da vijat

Mori a sled momi le, a sled momi
Tiho momci le vârveja
I si na sânce dumaja

Mori zajdi pojdi le jasno sânce
Momi da si le grabneme
Doma da i le vodime

*The young girls went off
to gather flowers in the field
to make wreaths and bouquets*

*Following the girls
the young boys quietly went
and said to the sun :*

*Rise, you bright sun
So we can grab the girls
and take them home...*