

STARO ERKEČKO HORO
(Bulgaria; Thrace)

This dance was learned from Professor Stefan Vāglaroff, Sofia. It was also seen at Koprivštica in 1976, performed by a village group from Kozičino. It is an interesting 8-ct Pravo type dance, which originally was led by women who were often singing. The second part of the dance tended to be male dominated. Other names for this dance are: Erkečkata (from the old name for the village Kozičino, (Pomorijsko), and Obiknoveno Horo.

Pronunciation: STAH-roh ehr-KECH-koh hoh-ROH

Record: Any good Pravo Trakijsko type, preferably slow with a four bar melody. 2/4 meter.

Formation: Open circle, belt hold, L over R. Face slightly R, R ft free.

| <u>Meas</u> | <u>Ct</u> | <u>Pattern</u> |
|-------------|-----------|--|
| | | <u>FIGURE I.</u> |
| 1 | 1 | Step fwd on R to R (sinking slightly into knees). |
| | 2 | Step fwd on L to R. |
| 2 | 1 | Step fwd on R to R. |
| | & | Step on L to R crossing behind R. |
| | 2 | Small leap onto R ft to R. |
| | & | Step on L crossing in front of R. |
| 3-4 | | Repeat action of meas 1-2. |
| | | <u>FIGURE II.</u> |
| 1 | 1 | Step on R to R. |
| | & | Hop on R, lifting L fwd. |
| | 2 | Step on L diag in front, bending body fwd from waist. |
| | & | Stamp R behind but next to L, no wt. |
| 2 | 1 | Step bkwd on R ft, turning to face ctr. |
| | & | Step bkwd on L. |
| | 2 | Step fwd on R. |
| | & | Step fwd on L. |
| 3 | 1 | "Bloop-Bloop" step: a quick leap, body twisting slightly L,R as the ft land, R then L. |
| | & | Step fwd on R. |
| | 2 | Step fwd on L. |
| | & | Stamp R ft slightly behind but close to L. |
| 4 | 1 | Step bkwd on R ft. |
| | & | Step bkwd on L. |
| | 2 | Leap bkwd onto R ft. |
| | & | Step bkwd onto L. |
| | | Repeat dance from beginning. |

Dance notes by Stephen Kotansky and Janet Reineck.

Presented by Stephen Kotansky