

DULUTH MINNESOTA AUGUST 1977

Presented by Atanas Kolorovski

STARO TIKVEŠKO (ROGUŽARSKO)
(Macedonia)

Introduced at the Skopje Festival of 1947 by a group from Tikvešja. It is an old dance from Tikves, in the area of Kavadarci and Negotino. Danced on all holidays and for many special occasions: Christmas, St Nicholas Day picnics, etc. Dance elements symbolize the preparation of straw (roguzine). Movements demonstrate the tying up and pounding down of the straw to make a soft bed. THIS IS STRICTLY A MEN'S DANCE.

RECORD: AK 004

FORMATION: Line dance with arms extended; hands on neighbors shldr. MEN ONLY.

METER: 4/4	PATTERN
Meas	INTRODUCTION- 2 meas- No action
	<u>PART I</u>
1	Step on R going in LOD (ct 1) bend R knee, bringing L ft high in front of it, turning to face ctr (ct 2) swing L knee sdwd slightly L with slight plie on R leg. Twice (cts 3-4)
2	Step on L going in LOD (ct 1) turning to face ctr, bring R ft h/ in front of bent L knee (ct 2) swing R knee slightly R with slight plie on L, twice (cts 3-4)
3	Repeat meas 1
4	Repeat meas 2
	<u>PART II:</u>
1	Facing ctr of circle, step with R heel diag back to R (ct 1) go down on L knee (ct 2) go down on R knee (ct 3) stand straight up on L ft (ct 4)
2	Repeat meas 1
	Parts I & II continue alternately throughout remainder of fast part of the music. (I, II, I, II, I, II)
	<u>PART III: (Music changes)</u>
1	Facing ctr of circle, hop on L, lifting R (ct 1) step on R (ct 2) lift L diag in front of R knee and hop on R, touch L to L of R (ct 3) lift L in front of R knee and hop on L and step on R (ct 4)
	<u>PART IV:</u>
1	Hop on R with L lifted in front of R knee (ct 1) step on L in place (ct 2) step on R in place (ct 3) step on L in place (ct 4) Repeat Part III & IV above alternately until change in pattern of music.
	<u>PART V:</u>
1	Hop on L, lifting R in front of L knee (ct 1) step on R (ct 2) hop on R, lifting L (ct 3) step on toe of L and push off and step on R (ct 4)
2	Going twd ctr of circle, leap on L to L, crossing R in front of L (ct 1) step on R to R and cross L in front of it (ct 2)

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hop on L, crossing R in front of it (ct 3) leap on L to L, and bring R to close next to L (ct 4)

PART VI: In place in ctr of circle

- 1 Squat while turning diag R (ct 1) repeat to L side (ct 2) still squatting, face ctr of circle (ct 3) stand up straight (ct 4)

Repeat Parts V & VI for 2 meas in place to finish.