

√  
STIPSKO ZAPLATENO  
 (Macedonia)

This dance, from the town of √ Stip and surrounding villages, is danced at weddings, parties, picnics, "slavas." Its style may vary, depending on the terrain of the dancers' homeland.

Pronunciation: SHTEEP-skoh zah-PLAH-teh-noh

Record: AK-004, Side B/5. 7/8 meter.

Rhythm: 7/8: 1,2 - 1,2 - 1,2,3. Counted here as 1,2,3

Formation: Lines, hands joined in "V" pos.

Meas

Pattern

- 1 Facing and moving in LOD, hop on L (ct 1); step fwd R,L (cts 2,3).
- 2 Repeat action of meas 1.
- 3 Hop on L, kicking R in front of L (ct 1); leap onto R to face ctr, L raised and cross in front (cts 2,3).
- 4 Step in place L,R,L (cts 1,2,3).
- 5 Step on R, swinging L across in front (cts 1,2); hop on R (ct 3).
- 6 Repeat action of meas 5 with opp ftwk.
- 7 Leap onto R, raising L with knee bent and turned twd R (cts 1,2); leap onto L, raising R with knee bent and turned L (ct 3).
8. In place step R,L,R (cts 1,2,3).
- 9-16 Repeat action of meas 1-8 with opp ftwk and direction.

VARIATION

- 1-2 Facing and moving LOD, take six light running steps, beginning R (cts 1,2,3 of each meas).

Presented by Atanas Kolarovski