

ŠTO MI E MILO (SHTOH mee eh Mee-loh) in 9/8

"Što mi e milo" is the opening line of a very popular Macedonian song, found with varying texts, melodies, and meter all over Macedonia. This version is in 9/8 meter. The dance is a variant of the so-called "Beranče" pattern, known especially Macedonia, northern Greece, and (eastern?) Albania. Dick Crum learned the dance in Macedonia in 1954.

Record: Express 45 "Što mi e milo";

Meter: 9/8 =  = $\frac{1}{Q} \frac{2}{S} \frac{3}{Q} \frac{4}{Q}$


Formation: Open circle of men and women with leader on the right. Hands are joined and help in "W" position or down at sides in "V" position.






Meas	ct.	Pattern
Facing center. Weight is on L.		
I	1	 Small lift on L in place. 1. Free R is raised slightly.
	2	 Face slightly right. Step onto R to right.
	3	 Continuing to the right (line of direction), step on L.
	4	 Continuing to the right (line of direction), step on R.
II	1	 Continuing to the right (line of direction), step on L.
	2	 Continuing to the right (line of direction), step on R.
	3	 Small step forward (into center) on L.
	4	 Step back onto R where it was. 3. Turn slightly to your left and face directly into center.
III	1	 Small lift on R in place 1. Free L is raised slightly forward.
	2	 Step onto L slightly to the left.
	3	 Small step fwd. on R (into ctr) - (can be in front of L)
	4	 Step back onto L in place

The dance may be done in the above "short" 3-measure sequence, or it may be done in a longer 5-measure sequence by adding two measures in place:






IV Repeat measure III with opposite footwork.

V Repeat measure III.

Extra lifts: One can replace the simple step on ct 2 of each measure and by a step with preparatory lift. To do this, we break this long count () into two shorter beats of 1/16 + 2/16. For example, in measure I

I 1  Small lift on L in place 2  Step onto R to right.	becomes	1  Small lift on L in place 2  Quick lift on L. and-uh  Step onto R to right
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As the music gets faster and more energetic, additional lifts might be added on ct. 4 as (in measure I):

4  Continuing to the right, step on R. or even	4  Quick lift on L. and  Step onto R to right (and)  Quick lift on L. 4  Step onto R to right
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