

✓ STO ME JE MILO
(How Much I Like This)
Macedonian

13

- SOURCE: Dance from Ohrid-Lake District and learned by Anatol Joukowsky. In the Galicitza Region, the old version of this dance uses the older, slower steps. A more modern version is now danced throughout Yugoslavia, at a faster tempo.
- MUSIC: RECORD: XOP0-322-A
- FORMATION: Open circle or line. Hands joined and held shoulder high. Line may have both M and W or there may be separate lines of M and W. M only dance their variation step when they are in a line without W. When M only are in a line the hand may be on upper arms of adjacent M.
- STEPS: Every step is done with a plie or bend of the knee. Weight is on ball of ft with heels close to floor. M lift foot higher than W.

MUSIC: 9/8

PATTERN

Meas.

Complete pattern takes 2 measures. Begin facing slightly L of LOD.

- 1 Step R in LOD (ct 1), step L over R (ct 2), step R in LOD (ct 3), lift L knee still facing slightly L of LOD (ct 4).
- 2 Face ctr L knee still lifted (ct 1), step L facing slightly R of RLOD (ct 2), touch R in front of L, toe out (ct 3), lift R knee and turn to face slightly L or LOD (ct 4).

MEN'S SOLO VERSION

During vocal follow pattern above omitting touch in meas 2. Instead R knee is lifted toe turned out. When there is no vocal use pattern below.

- 1 Step R in LOD (ct 1), step L over R (ct 2), step R in LOD (ct 3), lift L knee still facing slightly L of LOD (ct 4).
- 2 Face ctr L knee still lifted (ct 1), step L facing slightly R of RLOD (ct 2), jump into knee bend (see note) (ct 3), recover to standing pos weight still on L (ct 4).

NOTE: On jump land facing slightly R of RLOD. Weight predominantly on L. R knee slightly ahead of L. Back is straight.

Presented by Anatol Joukowsky
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