



STRANDŽANSKO HORO
Zazviri Kirju Kaldarum

Bulgaria

TRANSLATION : Dance from Strandža region, Eastern Thrace,
AND Bulgaria.
ORIGIN

MUSIC : Cassette "BULGARIAN FOLK DANCES" -JL1987.01
by Jaap Leegwater.

METER : 2/4  or 

SOURCE : Learned by Jaap Leegwater from Dimitâr Dojčinov
in Plovdiv, Bulgaria in the fall of 1980.

FORMATION : Half circle or lines.
Hands held in V-position.

INTRODUCTION : 8 measures

| <u>MEAS</u> | <u>PATTERN</u> | <u>Part 1</u> |
|-------------|--|---------------|
| 1 | facing and moving in LOD, 2 low running steps R,L (cts 1-2) | |
| 2 | repeat action of meas 1 | |
| 3 | low and small leap on both ft together (ct 1), hop on L ft, swinging R heel behind (ct 2) | |
| 4 | repeat action of meas 1 | |
| 5 | repeat action of meas 3 | |
| 6-20 | repeat action of meas 1-5 four more times | |

Reference text for Part 1 :
Run-two-three-four, together-up, run-two, together-up

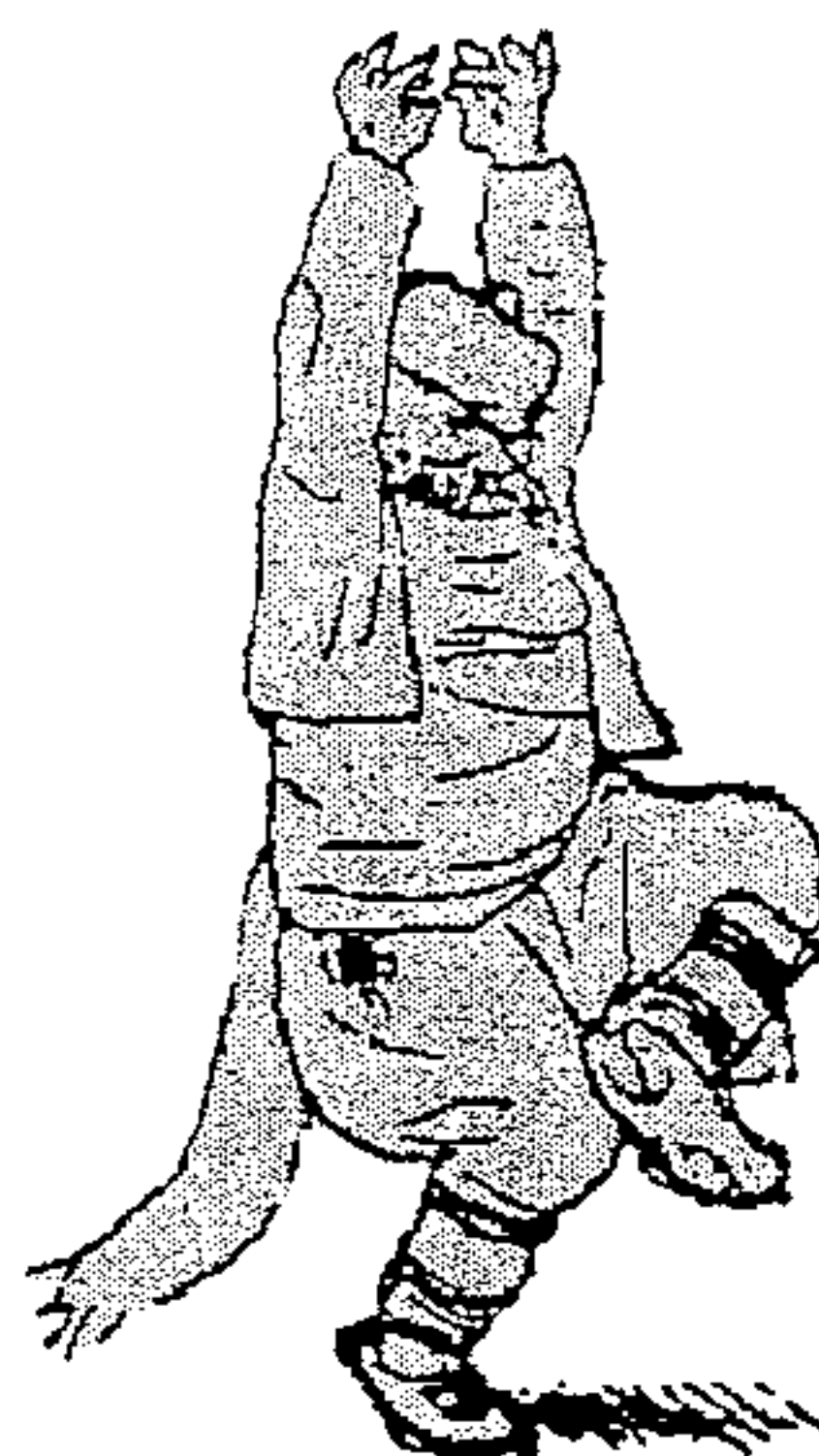
| | <u>Part 2</u> | |
|---|---|--------------------------|
| 1 | turning body facing diag L off ctr, step on R ft across in front of L ft (ct 1), turning body facing diag R, hop on R ft (ct 2) | |
| 2 | facing and moving diag R fwd, step on L ft (ct 1), step on R ft next to L ft (ct 2) | |
| 3 | step on L ft (ct 1), low leap on both ft together (ct 2) | |
| 4 | still facing diag R but now moving bkwd, lift of from both ft, landing on R ft (ct 1), step on L ft (ct 2) | |
| 5 | step on R ft next to L ft (ct 1), turning body face ctr, small step on L ft fwd (ct 2) | } Jemenite - step LRL |

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MEAS PATTERN Part 1 (continued)

- 6 facing ctr, dance in place,
hop on L ft, lifting R knee in front (ct 1),
stamp R heel, without wt, next L toes (ct 2)
- 7 leap onto R ft, lifting L knee in front (ct 1)
brush L heel fwd (ct 2)
- 8 facing ctr, moving bkwd,
hop on R ft, swinging L ft in an arc bkwd (ct 1),
step on L ft behind R ft (ct 2)
- 9 hop on L ft, swinging R ft in an arc bkwd (ct 1),
step on R ft behind L ft (ct 2)
- 10 jump on both ft together in place (ct 1),
hop on L ft, lifting R knee in front when repeating
Part 2 (ct 2) or,
hop on L ft, swinging R heel behind and turning body
face LOD when going back to Part 1 (ct 2)
- 11-20 repeat action of meas 1-10

} Reel-step



Dance description by Jaap Leegwater
Presented by Jaap Leegwater at the Camillia Festival, Sacramento, CA in March 2010
<http://www.jaapleegwater.com>