

STRANDŽANSKO PAJDUŠKO
(Bulgaria)

Pajduško is a type of folk dance found throughout Bulgaria. It has been observed in a variety of pattern structures ranging from 8 measures to 12 measures in length. This version found around Burgas in Strandza region near the Black Sea is somewhat related to the Trite Pati dance type also widespread in Thrace. Observed by Yves Moreau at "Strandza Pee" Folk Festival, 1970.

Pronunciation: STRAHN-jahn-skoh pie-DOOSH-koh

Music: Any "Pajduško" tune or Yves Moreau special cassette

Rhythm: 5/8: 1, 2 or 1-2, 1-2-3 or quick-SLOW

Formation: Mixed lines. Hands joined down at sides ("V" pos).
Face slightly R of ctr. Wt on L.

Styling: Body erect and proud. Knees slightly bent. Steps somewhat large and heavy.

MeasPattern

16 meas Introduction. No action (depending on recording used).

I. BASIC TRAVEL STEP

- 1 Hop on L (ct 1); step on R to R (ct 2).
- 2 Hop on R (ct 1); step on L to R (ct 2).
- 3 Facing ctr, hop on L in place (ct 1); step on R to R (ct 2).
- 4 Step on L in front of R (ct 1); step on R in place (ct 2).
- 5-6 Repeat meas 3-4 with opp ftwk and direction.
- 7 Small step on R in place (ct 1); small step on L next to R (ct 2).
- 8 Repeat meas 4 with opp ftwk.
- 9-14 Repeat meas 3-8.

II. FORWARD AND BACK

- 1 Facing ctr, hop on L (ct 1); sharp heavy stamp fwd with wt on R (ct 2).
- 2 Step on L behind R heel (ct 1); sharp heavy stamp fwd with wt on R (ct 2).
- 3 Repeat meas 2.
- 4 Quick step on L in front of R, bending upper body fwd (ct 1); step back on R (ct 2).
- 5 Small hop on R (ct 1); step on L to L (ct 2).
- 6 "Click" R ft to L (ct 1); hold (ct 2).
- 7-8 Repeat meas 5-6 with opp ftwk.
- 9-12 Repeat meas 5-8.
- 13-15 Three hop-steps bkwd.
- 16 Two quick small steps in place R-L.

Leader determines number of times for each variation. Throughout dance arms swing fwd and back. (Arms move fwd on each hop, etc.).

Description by Yves Moreau

Presented by Yves Moreau