

SHEPHERD'S CROOK

Set dance for one man and two women. Stand in line facing top of room. On the chord, women curtsy and man bows, then all turn right about to face bottom of room. When possible, the hands are joined in line of three.

BARS

- 1-8 All lead, turn and lead up again.
- 9-16 All set with any suitable Strathspey step, e.g., forward hop on right foot, back hop on lt. behind side and front hop, repeat this on the left.
- 17-20 "The Shepherd's Crook." First (right) woman guided by the man dances under the arch formed by the arms of man and second woman, the man following her on the third step and second woman turning right about under her own arm on the fourth step.
- 21-24 Repeat "The Crook" with second (left) woman leading.
- 25-28 The man turns to first woman and taking "polka" hold with her they dance one Highland Schottische step toward the top of the room and back. (Man starts with left foot and first woman with the right).
- 29-32 The man and first woman now join right hands and dance once round--first woman to her place, while man crosses to the second woman.
- 33-40 Man and second woman repeat bars 25-42, dancing first towards bottom of room then back (man starts with left foot and second woman with the right). Man finished the turn in the middle facing first woman.
- 41-48 Reel of three across, man and first woman passing left shoulders to begin.
- 49-56 All face front, joining hands in line across and set with e.g., Highland Fling Toe Heel Step.
- 57-64 Dance three hands round and back--finishing facing front in line of 3 across.
- 65-72 All set with final step of Highland Fling. Repeat the round the leg movement of the above step here, only it is done three times with the right foot, and turn once to the left, dance this with the left foot twice and go round to the rt. twice. Again the ladies walk round once the first time and twice the second, or if desired, the second time walk round slowly. During bar 4, while man turns right about, the woman pivot right about. During bars 7 and 8, while man does the double turn left about, the women turn left about, with four slow walking steps, to finish with curtsy as the man bows.

STRATHGLASS HOUSE

Tune: Any good strathspey. Time: 4/4

This is a longways strathspey dance for 3 couples. A new top couple begins in every 3rd repetition.

BARS

- 1-4 1st three ladies join hands and 1st three men do the same. They set--2 strathspey setting steps--then, making a circle, they dance to the left half round to change sides, with 2 travelling strathspey steps.

STRATHGLASS HOUSE continued

BARS

- 5-8 They repeat all this back to original places, going round to the left in the circle again.
- 9-16 1st man leads his partner down through 2nd couple. They cross over, she going round behind 3rd man, and he round behind 3rd lady. The meet, lead up the middle, and cast off one place on the wrong side of the dance, to finish facing 1st corners.
- 17-24 1st couple turn 1st corners with right hand, partner in the middle with the left, 2nd corners with right, and partners again with left to finish standing between corners, holding hands with them. 2 steps to each hand joining.
- 25-28 All 3 couples advance towards partners and retire again. 4 strathspey travelling steps.
- 29-32 1st couple, giving two hands, turn each other 1½ times, and finish on their own side of the dance one place down.
- 1st couple repeat dance with next 2 couples.

WALTZ COUNTRY DANCE

Tune: Original or any good Scottish waltz. Time: 3/4

This is a circle dance for 2 couples. Couples stand in a circle, even numbers facing clockwise--uneven counterclockwise. Couples move in the direction in which they are facing.

BARS

- 1-2 All set to the dancers facing them--men set to opposite ladies. 2 pas de basque moving forward and back.
- 3-4 They change places with the dancers to whom they have set, passing by the right. The men dance straight forward but the ladies do a full waltz turn.
- 5-8 All dance these 4 bars with partner and finish facing the same opposite man or lady.
- 9-16 Repeat all this back to original places.
- 17-18 All four make a circle and do the same two steps forward and backward.
- 19-20 The men, dancing on the spot, give both hands to the opposite lady and bring her across to their right hand.
- 21-21 They make a circle again, set, and bring their own partners back to place.
- 25-32 They repeat these last 8 bars.
- 33-40 Couples change places with poussette. The men begin the poussette by pushing their partners backwards.

The dance is repeated until couples meet those with whom they began, or as many times as you will.