

## SIDE 2

## SUDMALINAS (Latvia)

*Sudmalinas* means "little mill." Simple to do, it includes a polka and waltz step and is a good mixer. (This two-couple type of mixer is found in many

countries. Similar dances are the Danish *Little Max* or a *Fix* and the American *Spanish Waltz*.)  
**OPENING FORMATION:** Sets of two couples facing

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each other, scattered around the floor. Lady stands to right of man.

**PART 1:** Join hands in circles of four and, starting on right foot, polka to the right with 6 steps. Clap own hands 3 times. Now polka 6 steps to the left, starting on left foot, and finish with 3 claps of own hands.

**PART 2:** Take shoulder-waist position: Man places both hands on lady's waist, lady places both hands on man's shoulders. In this position, each couple dances around the other couple with 16 polka steps, moving counterclockwise, but turning clockwise. Do not get too far away from the other couple while doing this figure. Finish in starting

position of the dance.

**PART 3:** Join right hands in the middle for a right-hand star, holding joined hands high, and take 6 polka steps clockwise.

Clap own hands 3 times.

Join left hands in the middle and take 6 polka steps counterclockwise. Clap own hands 3 times.

**PART 4:** Each man takes the lady opposite him as his new partner and both waltz in any direction for 16 steps.

When waltz figure ends, each couple should be near another couple, so as to exchange partners for repeat of dance.