

✓ SUMADINKA

SERBIA

Šumadinka (SHOO-mah-deen-kah) is from the Šumadija Region in central Serbia. The name of the dance is derived from the word *šuma* which means forest. It is speculated that perhaps at one time it was danced in honor of the God of the Forest. Later, Šumadinka was danced for the purpose of honoring a person who was either alive or dead. Today, it is danced mainly for pleasure and the word *šumadinka* generally refers to a girl from Šumadija. Vonnie R. Brown learned the dance in Yugoslavia from Alexander Paunović and Zoran Vasković in 1986 and from Vladeta Vlahović in 1987.

MUSIC: Dances from Yugoslavia, Vonnie R. Brown
Folkraft 1495 B, 45 rpm record

FORMATION: Open circle of dancers facing ctr, hands joined in "V" or "W" pos.

STYLING: Ftwk is diminutive and controlled, posture erect.

MUSIC 2/4

PATTERN

Meas

NO INTRODUCTION

I. MOTIF 1: SINK, BOUNCE, BOUNCE 2X; STEP, HOP, STEP 1X, SINK, BOUNCE BOUNCE 1X (R & L)

- 1 Facing diag L of ctr, step on R ft in place, bending R knee slightly (sink) (ct 1); close L ft next to R straightening knees and bounce on both heels 2x (cts 2, &).
- 2 Repeat meas 1 with opp ftwk and direction (face diag R of ctr).
- 3 Facing diag R of ctr, step on R ft bending R knee slightly (sink) and lift bent L leg slightly up behind (ct 1); small hop or bounce on R ft swinging L leg fwd (ct 2); step fwd on L ft (ct &).
- 4 Repeat meas 1.
- 5-8 Repeat meas 1-4 with opp ftwk and direction.
- 9-16 Repeat meas 1-8.

II. MOTIF 2: SINK, BOUNCE, BOUNCE R 4X & L 4X

- 1-4 Repeat Fig I, meas I 4x. Keep body turned about 45 degrees R on all four steps.

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- 5-8 Repeat Fig I, meas 2 4x. Keep body turned about 45 degrees L on all four steps.
9-16 Repeat meas 1-8.

REPEAT DANCE FROM BEG.

**DANCE NOTATION
VONNIE R. BROWN**

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Allegro

The musical notation is written on three staves in treble clef, 2/4 time. The tempo is marked 'Allegro'. The first staff shows the beginning of the piece. The second staff contains measures 2, 3, and 4, ending with a repeat sign. The third staff contains measures 5, 6, 7, and 8, with a first ending (1.) and a second ending (2.) marked.