

SVATBARSKO HORO
(Sam, Sam, Odil Giorgio)

~~Macedonian Folk Dance~~

Record FOLK DANCER ME 3050 or LPME 1

Svatbarsko Horo

This dance learned by Michel Cartier from a native in Bulgaria and presented at workshops throughout the United States and Canada.

Bulgarian-Macedonia

FORMATION: Open circle of dancers, hands joined shoulder height.

MEAS.1--Count 1-Jump on Left foot, bend Right knee, (Body back to Direction)
2-Step in line of direction on Right foot (Body back to Direction)
3-Step in line of direction on Left foot (" " " ")
4-Step in line of direction on Right foot (" " " ")

Meas.2--Count 1-Jump on Right foot, bend Left knee (Body back to Direction)
2-Step in line of direction on Left foot (Body back to Direction)
3-Step in line of direction on Right foot (" " " ")
4-Step in line of direction on Left foot (" " " ")

Meas.3--Count 1-Jump on Left foot, bend Right knee (Body back to direction)
2-Step in line of direction on Right foot (" " " ")
3-Step in line of direction on Left foot (" " " ")
4-Step in line of direction on Right foot (" " " ")

Meas.4--Count 1-Jump on Right foot, bend Left knee, Face line of direction now.
2-Step forward on Left foot. " " " "
3-Step forward on Right foot " " " "
4-Step forward on Left foot " " " "

NOTE The above can be simplified in learning if you think of it as doing 3 polka steps going counterclockwise, with the body backward, and the 4th polka step still in the same direction of counterclockwise, but this time the body moves forward.

Repeat the above three more times or four times all told.

PART II

Meas.1-4--Counts 1-16. Body facing counterclockwise beginning on Right foot, take light running steps on the toes. Hands go up and down in the rhythm of the music.

IN Bulgaria, all dances performed on wedding days are a SVATBARSKO HORO (Svatbat-wedding). This one is performed to a song "Sam, sam odil Giorgio! In the past it was performed by women. Today it is done by both men and women. The hands follow the rhythm of the dance in the dance.....2/4 time.

The Dance alternates Part I and Part II. Collected by Michel Cartier of Montréal.

These directions from FOLK DANCE HOUSE, 108 West 16 Street, New York City-11
Michael Herman, Director Send for catalog of other records.