

SWEDISH - FINNISH MIXER

(Sweden)

Source: This dance was notated at the "Festival in Uddevala" of the "Svenska Ungdomsringen for Bygdekultur" in 1974 by Edward Goller. This was one of many easy mixers presented by teachers such as Lars Abrahamson. Edward Goller chose this name for the dance because the turn is the same as in the dance "Atta Man Engel", which is popular in both Finland and Sweden. Edward and Carol Goller presented this dance at the 1979 Idyllwild Workshop.

Music: Your favorite lively Swedish polka or polkette. There are many good ones on Aqua Viking label, on the back of your hambo records

Meter: 2/4

Formation: Cpls in a circle, M inside, ptnrs facing each other.

Steps: Walk, Buzz turn. Both are done very lively.

Meas. Pattern

INTRODUCTION: Will vary with each record.

- Fig. I: R & L Hand Stars
1-4 Join R hands in thumb grip at shoulder level, long arms. Turn CW in place 8 steps, beginning R.
5-8 Repeat Meas. 1-4, turning CCW in L hand star, 8 steps.

- Fig. II: Buzz Turn in Spin Hold
1-8 With L hands still joined, reach (inside of R arms cross) over top of ptnr's R shoulder and put palm of R hand on ptnr's shoulder blade. Turn CW with 16 buzz steps, beginning R foot.

- Fig. III: Varsouvienne Walk
1-8 Retain L hand hold. Release R hands and W turn R to Varsouvienne Pos. Walk 16 steps in LOD with ptnr, joined hands may "rock" slightly, corresponding with walking motion.

- Fig. IV: Women Cast Off
1-8 Release L hands. W turn 1/2 to R to face RLOD, dthen release R hands. M continue walking LOD 16 steps on inside circle as W walk in RLOD 16 steps on outside of circle.

Meet new ptnr at end of walking to start dance from beginning. Anyone losing a ptnr runs quickly to the center to find someone. Rejoin circle.

Presented by Bruce Mitchell