

## 1967 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Eugene R. Ciejka

SWIR SWIR MAZUR  
(Poland - Intermediate)

- PRONUNCIATION:** Sh-verr Sh-verr
- SOURCE:** Gene Ciejka, Director, Orange County Workshop. Based on 36 years exposure to Polish ethnic dancing and a vivid imagination.
- RECORD:** Polish Dance Melodies, ABC Paramount, ABC (S) 289  
Side 2, Band 6
- FORMATION:** Circle, men on inside facing out, women on outside facing in. Partners hold trailing hands, arms extended to side hands about hip high; leading arms extended and separated, palms down, fingers relaxed, hands about shoulder height. There is a slight bend at the elbows.
- NOTE:** The Mazur is a court dance and therefore is done with control taking precedence over vigorous movement. The steps are low and long, giving the feeling of flowing over the floor rather than jumping up and down off of it.
- INTRODUCTION:** 4 measures.

- FIGURE 1:** Heel clicks in L.O.D.  
Heel clicks are done by extending the leading foot, to the desired height, about one foot off the floor. Then spring-off the supporting foot and bringing the instep of the supporting foot to the heel of the extended foot, then land on the supporting foot for Ct. 1. Stepping on the leading foot moving L.O.D. for Ct. 2. Bring the trailing foot to the leading foot, trailing instep to leading heel for Ct. 3. Take the weight on the trailing foot on Ct. 3.

	<u>FOOTWORK</u>	<u>HANDS</u>
<u>Meas.</u>		
1-4	Click Steps in L.O.D.	AS NOTED IN DESCRIPTION
5-6	Waist turn, C.W. Men L.R.L. Lady R.L.R. one full turn.	Free hand on hip, palm exposed, fingers down.
7	One full click step.	Open to starting pos.
8	Ct. 1 Step on leading foot. Ct. 2 Bring Trailing foot to Idg. No Weight. Ct. 3 Stamp trailing while extending leading foot with point.	
9-16	REPEAT MEAS. 1-8. Except on Meas. 16 stamp leading foot on Ct. 1. Stamp trailing foot on Ct. 2 (Men do not take weight on trailing foot). Both men and women hold Ct. 3.	

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## SWIR SWIR MAZUR (CONT'D)

FIGURE 2: Grand Right and Left with Waist turn.

1-2

Man: Starting by stepping onto right foot. Move toward girl on right, at same time moving toward outside of circle. Placing yourself in R.L.O.D. with right shoulder towards center of circle. Girl makes same move to right but moving to inside of circle with left shoulder toward center. Man's right and ladies right shoulders are adjacent. Girl is now facing L.O.D. M & W step R.L.R. and L.R.L.

HANDS

Release partner.  
place hands on hips  
as noted for Fig. 1.

W TURNS C.C.W  
↑ TAKES WEIGHT  
ON R

3-4

Take  $1\frac{1}{2}$  turns to face direction you came from trng. C.W. Men face L.O.D. on inside of circle, ladies face R.L.O.D. on outside of circle. Man's and woman's right shoulders are still adjacent. Both step R.L.R. and L.R.L.

Right hand moves  
to partner's waist.  
Free hand on hip.

5-6

Repeat movement for meas. 1 and 2 with men moving to outside of circle with left shoulder towards center and adjacent to lady's left shoulder. Lady, original partner, is now facing R.L.O.D. while man faces L.O.D. Lady inside man outside circle, with left shoulders adjacent. Stepping R.L.R. and L.R.L.

Hands on hips.

7-8

Make two complete turns to face man L.O.D. and lady R.L.O.D. Man on outside, lady on inside.

Left hand to partner's  
waist. R. hand hip.

9-14

Repeat Fig. of measures 1-6. Except man will now be doing girl's part and vice versa.

15

One C.C.W. turn only. Finish with man inside lady outside.

16

Man take lady's left with his right hand turning her under in place. Both step L.R.L. Woman turns C.C.W.

## FIGURE 3:

1-3

Heel clicks in R.L.O.D.

Man has wt. on left foot, lady has weight on right foot. Bringing mans L. and lady's R. instep to heel of other foot execute 3 heel clicks in R.L.O.D.

Man's left and ladies  
right separate and  
about hip high, palms  
down, slightly bent  
at elbow. Man's R.  
and Lady's left  
joined and slightly  
higher.

4

Man jumps down onto right foot and bends left knee for Ct. 1. Settles on left knee for Ct. 2. Holds Ct. 3. Lady takes 3 steps in place L.R.L.

Man curves left arm  
across chest. Woman  
grabs skirt with  
right hand.  
Man's R. and Lady's  
L. joined.

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## SWIR SWIR MAZUR (CONT'D)

- 5-7 Man remains on knee. Don't Slouch. As soon as woman passes left hand can be extended to left side high. Watch partner as she circles around. AND SMILE!!!!  
Lady holding skirt but not swishing it starts running around man. One full circle taking  $\frac{1}{2}$  run for each meas. SMILE!!!!  
at partner. Woman steps R.L.R., L.R.L., R.L.R.
- 8 Man: Ct. 1 rises on right leg.  
Ct. 2 stamps left foot.  
Ct. 3 stamps right foot no weight.  
Lady: Continues the run placing herself on the outside of circle facing partner L.R.L. NO WEIGHT.
- 9-16 Repeat Meas. 1-8.
- INTERLUDE:
- 1-2 Balance in and then out. Man stepping R.L.R. Lady stepping L.R.L. on the in and reversing footwork on the out. Man does not take the wt. on L., Ct. 3 Meas 16. Lady does take the wt. so both have weight on right feet. Man's R. and Lady's L. hands joined. Free hands on hips.
- FIGURE 4:
- 1-2 Clicks to center with turns.  
Having positioned yourselves in the last figure so that woman is to the right of the man and slightly in front of man. With weight on right foot execute 2 heel clicks to center of circle. Move hands so that man's L. holds lady's L. and R. holds R. with man to L. of and behind woman. R. hand on lady's hip.
- 3-4 Man takes 2 meas. in place. L.R.L. and R.L.R. Woman take 2 more click steps passing man and ending on his left. Both face L.O.D. Retain the hand hold except allowing the L. hands to fall on lady's L. hip.
- 5-8 Take 2 turns moving C.C.W. in place, to face L.O.D. DO NOT TAKE WT. ON R. FOOT FOR COUNT 3 OF MEAS. 8.
- 9-10 Repeat. Meas. 1-2 moving out of center. FOOTWORK REVERSED. Same as Meas. 5-8.
- 11-12 Repeat Meas. 3-4 FOOTWORK REVERSED. When girl passes in front of man, hands revert to pos. of Meas. 1-2.
- 13-16 Repeat Meas. 5-8 turning C.C.W. Finish facing L.O.D. stepping R.L.R., L.R.L., R.L.R., L.R.L. DO NOT TAKE WT. ON LEFT.
- 17-32 Repeat Meas. 1-16. Same as noted above.  
On Ct. 3 of Meas. 16, take the wt. on the L. foot.

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## SWIR SWIR MAZUR (CONT'D)

## INTERLUDE:

- |                            |   |  |
|----------------------------|---|--|
| 1                          | Ct. 1 step on R.<br>Ct. 2 swing L. through and point in front.<br>Ct. 3 swing L. back sharp with point while hopping on R. low.   | Man's R. holds lady's L. Free arm arcs in from side for 3 Cts. about hip high.             |
| 2                          | Stepping L,R,L. take 3 small running steps in L.O.D.  | Free arms arc from front of body to side on 3 cts.   |
| 3-4                        | Repeat Meas. 1-2.<br><u>Men:</u> On Ct. 3 Meas. 4 do not take wt. on L. Use this beat to facepartner and just touch L. to floor for balance. Ladies take the wt. on L. while turning to face partner. | Same as Meas. 1-2  |
| FIGURE 5:<br>1-16          | <u>Heel clicks in L.O.D.</u><br>Repeat Figure 1.  |  |
| FIGURE 6:<br>1-16          | <u>Grand Right and Left with turn.</u><br>Repeat Figure 2.  |  |
| FIGURE 7:<br>1-12<br>13-14 | <u>Heel clicks in R.L.O.D.</u><br>Repeat Figure 3.<br>Woman moves a little faster around man covering more than $\frac{1}{2}$ of the circle per Meas. Stepping on R.L.R., L.R.L.                      |  |
| 15                         | Girl turns C.C.W. while moving to outside of circle and close to man's R. knee, to face L.O.D.  | Man's R. hand still holds lady's L.  |
| 16                         | Ct. 1 Lady steps on L. while sitting on man's knee.<br>Ct. 2 Lady extends R. foot front on floor pointed, leg straight.<br>Ct. 3 hold and look at partner.  | Man's hand,L., is as noted. Lady's R. hand drops skirt and is raised high with curved arm. |

FINIS

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## SWIR SWIR MAZUR (CONT'D)

## CUE SHEET

Meas.

1-4	Click step in L.O.D.	(4)
5-6	Waist turn C.W.	(2)
7-8	Click step and chug	(1 & 1)
9-16	Repeat above	
1-2	Grand right and left	(1)
3-4	Waist turn C.W.	(2)
5-6	Grand right and left	(1)
7-8	Waist turn C.C.W.	(2)
9-16	Repeat Fig. 2	
1-3	Heel clicks in R.L.O.D.	(3)
4-8	Man drops to knee	(1)
	Girl runs around	(4)
9-16	Repeat Fig. 3	
INTERLUDE:		
1-2	Balance in and out	(1)
1-4	Heel clicks to center	(4)
5-8	Turns C.C.W.	(2)
9-12	Clicks to outside	(4)
13-16	Turns C.W.	(2)
17-32	Repeat Fig. 4	
INTERLUDE:		
1-4	Point, hop with run	(2)
1-16	Repeat Fig. 1	
1-16	Repeat Fig. 2	
1-16	Repeat Fig. 3	
	With sit down on man's right knee	
	and pose.	

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