

SYRTAKI  
(Greek)

3

SOURCE: "Syrtaki" is a commercially coined adjective, used to describe a contemporary "HASAPIKOS", consisting of a slow and a fast part. This exciting dance has become popular via the motion picture "Zorba, the Greek", and also enjoys great popularity in the seaport taverns of Greece.

FORMATION: Short lines of from 4 to 6 dancers.

POSITION: Shoulder hold.

RHYTHM: 2/4 (fast part) and 4/4 (slow part).

RECORD: Mace M-10024: "Trio Hellenique"; Side 1, Band 1.

---

COUNTS          PATTERN

---

SLOW PART      FIG. I:      (INTRODUCTION)

1                  Step on R ft to R with wide, sweeping motion.  
2                  Slowly bring L ft to R.  
3-4                Repeat cts 1 & 2, moving to L.  
5                  Pivot on heels, opening toes.  
6                  Pivot on toes, opening heels.  
7                  Pivot on toes, closing heels.  
8                  Pivot on heels, closing toes.

FIG. II:      ("BASIC" with MANGIKO)

1                  Fall fwd onto L ft.  
&                  Start to bring R ft around in frt of L - or lightly  
                    touch R toe behind L ft - then bring R ft around.  
2                  Bring R ft in frt of L ankle  
&                  Raise R ft in frt of L ankle  
3                  Step R ft behind L heel  
&                  Bring L ft around behind R  
4                  Step on L ft behind R heel  
&                  Pull R ft back across L instep  
5                  Step on R to R  
&                  Step on L ft, crossing in front of R  
6                  Step lightly back on R ft  
&                  Pull L ft back across R instep - or lightly raise L  
                    knee in front of R.  
7                  Touch L heel in front of R ft.  
                    (This is the basic step. Complete FIG. II with  
                    MANGIKO:  
&                  With wt on R ft, slightly raise L knee in front of R  
8                  Touch L heel in front of R ft.

*continued...*

FIG. III: (ZEMBEIRO)

- 1-4, & Repeat "Basic Step", etc 1-4, &  
 5 Step on L ft to R, feet wide apart  
 & Rock to the L  
 6 Rock to the R  
 & Pull L ft back across R instep  
 7 Touch L heel in front of R ft.  
 8-16 Repeat all of FIG. III.

FIG. IV: (ZORRA - PSEPTIKO ENDING)

- 1 Step on L ft across & in front of R  
 & Step on R to R  
 2 Step on L behind R  
 & Step on R to R  
 3 Step on L across & in front of R  
 & Bring R ft around in front of L in preparation to  
 reverse direction  
 4 Step on R across & in front of L  
 & Step on L to L  
 5 Step on R behind L  
 & Step on L to L  
 6 Step on R across & in front of L  
 PSEPTIKO ENDING  
 & With body leaning slightly fwd, swing L ft bkwd  
 7 Step on L to R of R ft  
 & Swing R fwd and around to -  
 8 Step on R behind L  
 & Swing L ft fwd and around to -  
 9 Step on L behind R  
 & Bring R ft to R side of L ft  
 10 Step on R  
 & Step fwd on L with body leaning slightly fwd  
 11 Step back on R  
 & Pull L ft back across R instep  
 12 Touch L heel in front of R ft.

FIG. V: (TRIO, THIO KAI KATO)

- 1 Step on L across and in front of R  
 & Step on R to R  
 2 Step on L across & in front of R  
 & Step on R to R  
 3 Step on L across & in front of R  
 & Bring R around in front of L in preparation to  
 reverse direction.  
 4 Step on R across & in front of L  
 & Step on L to L  
 5 Step on R across & in front of L  
 & Step on L to L  
 6 Step on R across & slightly diag of L, going down into  
 a kneeling pos. L knee does not touch, but is close  
 to the floor.  
 & Raise slightly

*Continued...*

- 7 And go down twd floor again.  
 &,8 Repeat cts &,7  
 & Rise from crouch & bring R ft to R  
 9 Step on R to R with wide sweeping step.  
 & Step on L in front of R with body leaning slightly fwd)  
 10 Step back on L  
 & Pull L ft back across R instep  
 11 Touch L heel in front of R

FIG. VI: (THIA, THIO KAI RESA)

- 1-5 Repeat cts 1-5 of FIG. V.  
 & Bring L ft around in front of R  
 6 Step on L to R of R ft  
 & Bring R ft around in front of L  
 7 Step on R to L of L ft  
 & Bring L ft around & -  
 8 Close L to R ft.  
 9-12 Repeat cts 5-8 of INTRODUCTION (FIG. I).  
 & Jump & -  
 13 Land with both feet apart.  
 & Jump & -  
 14 Land with feet crossed & make 1/2 turn L.

FAST PART FIG. I:

- 1 Facing slightly diag R, move in LOD. Step on R ft to R.  
 2 Step on L ft in front of R  
 3 Step on R ft to R  
 4 Facing ctr, swing L ft in front of R  
 5 Step on L ft to L.  
 6 Swing R ft in front of L.  
 Repeat cts 1-6 three more times (4 times in all).

FIG. II:

- 1,& Facing ctr, step on R & hop on R  
 2 Step on L ft behind R  
 3 Step on R ft to R  
 4,5,6 Repeat FIG. I, cts 4,5,6.  
 Repeat all of FIG. II three more times (4 times in all).

FIG. III:

- 1 Hop on L ft & bring L heel to R heel in a click  
 2 Repeat ct 1  
 3 Land on both feet  
 4,5,6 Repeat FIG. I, cts 4,5,6.  
 Repeat all of FIG. III three more times (4 times in all).

FIG. IV:

- 1 Hop on L ft  
 2,& Hop on R ft & step on L ft

*continued...*

## (FIG. IV: con't)

- 3,&,4 Pas de basque to the R (R,L,R).  
 5,&,6 Pas de basque to the L (L,R,L).  
 Repeat all of FIG. IV three more times (4 times in all).

FIG. V:

Drop shoulder hold and with hands free, or with a handkerchief twirling in one hand or held between both hands, face ptr (may be R or L).

- 1,2,& Repeat cts 1,2,& of FIG. IV, moving away from ptr.  
 3,&,4 Pas de basque to the R almost in place (R,L,R)  
 5,&,6 Pas de basque to the L with an initial long step fwd toward ptr (L,R,L).

Presented by Dr. Chris Pasulis  
 Idyllwild Institute - 1968

Researched & standardized by:  
 Liesl Barnett, Dorothy Singleton, Tom Daw  
 1968