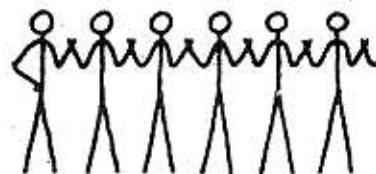


SYRTÓS KEFALLINIÁS — Ionian Is.

Συρτός Κεφαλληνίας

Presented by Ted Sofios

(Line dance, no partners)

Translation: Syrtós from the island of Cephalonia.**Record:** Folkraft LP-6 (2:20)**Starting Position:** "W" position. Right foot free.**Rhythm:** 3/4**Measure****VARIATION I — Basic**

- 1-2 ♪ STEP SIDWARD RIGHT on right foot (count 1),
 ♪ CROSS AND STEP on LEFT foot in BACK of right (count 2),
 ♪ Turning to face slightly right, FOUR WALKING STEPS FORWARD starting with right foot (counts 3-6). *Note:* Sometimes there is a slight HOP on right foot just before the second walking step (left).
- 3 ♪ Turning to face center, LEAP SIDWARD RIGHT on right foot swinging left across in front (count 1),
 ♪ Moving left, STEP SIDWARD LEFT on left foot (count 2),
 ♪ CROSS AND STEP on RIGHT foot in FRONT of left (count 3).
- 4 ♪ STEP SIDWARD LEFT on left foot (count 1),
 ♪ POINT RIGHT TOE ACROSS in front of left (count 2),
 ♪ CHUG* LEFT foot BACKWARD, brushing right heel forward (count 3).

VARIATION II (Music E, only)

- 1-3 As I above.
- 4 ♪ STEP SIDWARD LEFT on left foot (count 1),
 ♪ POINT RIGHT TOE ACROSS in front of left (count 2), PAUSE (count 3).
- 5 ♪ STEP SIDWARD RIGHT on right foot (count 1),
 ♪ STEP on ball of LEFT foot just in BACK of right foot (count 2),
 ♪ CROSS AND STEP on RIGHT foot in FRONT of left (count 3).
- 6 As I above, measure 4.

*CHUG: a sudden, very slight slide of the foot. The feeling of the dance is such that it seems to begin with this chug.