

**ΣΥΡΤÓS KEFALLINÍAS — Ionian Is.**

Συρτός Κεφαλληνίας

(Line dance, no partners)

**Translation:** Syrtós from the island of Cephalónia.**Starting Position:** "W" position. Right foot free.**Rhythm:** 3/4**Measure****VARIATION I — Basic**

- 1-2 ♪ STEP SIDEWARD RIGHT on right foot (count 1),  
 ♪ CROSS AND STEP on LEFT foot in BACK of right (count 2),  
 ♪ Turning to face slightly right, FOUR WALKING STEPS FORWARD starting with right foot (counts 3-6). *Note:* Sometimes there is a slight HOP on right foot just before the second walking step (left).  
 3 ♪ Turning to face center, LEAP SIDEWARD RIGHT on right foot swinging left across in front (count 1),  
 ♪ Moving left, STEP SIDEWARD LEFT on left foot (count 2),  
 ♪ CROSS AND STEP on RIGHT foot in FRONT of left (count 3).  
 4 ♪ STEP SIDEWARD LEFT on left foot (count 1),  
 ♪ POINT RIGHT TOE ACROSS in front of left (count 2),  
 ♪ CHUG\* LEFT foot BACKWARD, brushing right heel forward (count 3).

**VARIATION II (Music E, only)**

- 1-3 As I above.  
 4 ♪ STEP SIDEWARD LEFT on left foot (count 1),  
 ♪ POINT RIGHT TOE ACROSS in front of left (count 2), PAUSE (count 3).  
 5 ♪ STEP SIDEWARD RIGHT on right foot (count 1),  
 ♪ STEP on ball of LEFT foot just in BACK of right foot (count 2),  
 ♪ CROSS AND STEP on RIGHT foot in FRONT of left (count 3).  
 6 ♪ As I above, measure 4.

\*CHUG: a sudden, very slight slide of the foot. The feeling of the dance is such that it seems to begin with this chug.

**ΤΆΙ ΤΆΙ — Thessaly**

Τάι Τάι

(Line dance for couples)

**Translation:** A contraction of τ' αινέβανε, τ' ανέβαινε ("was climbing" in Thessaly dialect).**Rhythm:** 2/4**Formation:** Open or broken circle, or line, of couples, alternating man, woman, man, woman, etc. from right end.**Starting Position:** Front basket hold: women step forward slightly and join hands then duck back under joined hands of men. See Fig. 1. Left foot free.

FIGURE 1

**Measure****PART I — Slow (Music A, B)**

- 1-10 ♪ CROSS AND STEP on LEFT foot in FRONT of right (count 1),  
 ♪ STEP SIDEWARD RIGHT on right foot (count 2),  
 ♪ CROSS AND STEP on LEFT foot in FRONT of right (count 3),  
 ♪ STEP SIDEWARD RIGHT on right foot (count 4),  
 ♪ ROCK SIDEWARD LEFT on left foot (count 5),  
 ♪ ROCK SIDEWARD RIGHT on right foot (count and).  
 REPEAT above pattern three more times (four times in all).