

SYRTOS KEFALLINIAS  
(Ionian Islands)

Translation: Syrtos from the island of Cephalonia  
 Record: FOLKRAFT 1572  
 Rhythm: 3/4  
 Formation: Line dance, no partners, hands joined and raised to shoulder height  
 ("W" position)

Measure	Ct	Pattern
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<u>I. BASIC</u>		
1	1	Step sdwd R on R
	2	Step on L in back of R
	3	Turn to face slightly R, step fwd on R
2	1	Step fwd L
	2	Step fwd R
	3	Step fwd L
3	1	Turning to face center, leap sdwd R on R ft, swinging L across in front of R
	2	Moving to L, step sdwd L on L ft
	3	Cross R over L
4	1	Step sdwd L on L
	2	Point R toe across in front of L
	3	Chug on L ft backward, brushing R heel forward

<u>II. VARIATION</u> (music E only)		
1-3		Repeat measures 1-3, Basic step
4	1	Step sdwd L on L ft
	2	Point R toe across in front of L ft
	3	Hold
5	1	Step sdwd R on R ft
	2	Step on ball of L ft just in back of R ft
	3	Cross and step on R ft in front of L
6		Repeat measure 4, Basic step

Repeat dance from beginning.

Presented by Vyts Beliajus