



SVRTÓS PYLÁIAS or KÁTO STALÓNIA

FORMATION: Open or broken circle, or line, no partners, leader at right end.
STARTING POSITION: "V" position. Right foot free.

MEASURE

- 1 Facing slightly and moving right, STEP FORWARD on RIGHT foot (counts 1-2-3), ROCK BACK on ball of LEFT foot in place (counts 4-5), ROCK FORWARD on RIGHT foot in place (counts 6-7). 
- 2 REPEAT pattern of measure 1 reversing footwork.
- 3 Turning to face center and raising hands above head, STEP SIDEWARD RIGHT on right foot (counts 1-2-3), CROSS AND STEP on ball of LEFT foot behind right, turning head to look at own left hand (counts 4-5), STEP on RIGHT foot IN PLACE (counts 6-7). 
- 4 REPEAT pattern of measure 3 reversing direction and footwork.
- 5-12 REPEAT pattern of measures 1-4 twice (three times in all).
- 13-14 REPEAT pattern of measures 3-4.