

SYRTÓS — Panhellenic

Συρτός

(Line dance, no partners)

Note: A syrtós (from *sýro*, *σύρω*, to pull or more exactly to lead) is a category of dance in which feet remain close to the ground, without leaps, in contrast to a *pidikhtós*, *πηδηχτός* (leaping dance). The syrtós is the most traditional of all the folk dances of Greece. Each region and especially each of the islands, has its own particular style of dancing its syrtós. Some have unique and individual steps. For examples see Kalamatianós, and the following:

SYRTÓS RÓDOU — Dodecanese Is.

Συρτός Ρόδου

(Line dance for couples)

Translation: Syrtós from the island of Rhodes.

Formation: Open or broken circle, or line, of couples, woman on partner's right.

Starting Position: "W" position. Left foot free.

Rhythm: 7/8



Measure **PART I — Basic (Music A)**

- 1 ♣ TOUCH ball of LEFT foot slightly FORWARD, bending right knee slightly (counts 1-2-3),
 ♣ STEP BACKWARD on LEFT foot (counts 4-5),
 ♣ Turning to face slightly right, CLOSE AND STEP on RIGHT foot beside left (counts 6-7).
 - 2 ♣ Facing slightly and moving right, STEP FORWARD on LEFT foot (counts 1-2-3),
 ♣ Turning to face center, STEP SIDEWARD RIGHT on right foot (counts 4-5),
 ♣ Turning to face slightly left, CLOSE AND STEP on LEFT foot beside right (counts 6-7).
 - 3 ♣ Facing slightly and moving left, STEP FORWARD on RIGHT foot, bending knees slightly and raising left foot up in back of right leg (counts 1-2-3),
 ♣ STEP BACKWARD on LEFT foot, turning to face center (counts 4-5),
 ♣ STEP SIDEWARD RIGHT on right foot (counts 6-7).
 - 4 ♣ CROSS AND STEP on LEFT foot in FRONT of right (counts 1-2-3),
 ♣ CLOSE AND STEP on RIGHT foot beside left (counts 4-5),
 ♣ PAUSE (counts 6-7).
 - 5-8 REPEAT pattern of measures 1-4.
- PART II — Partners change places (Music B)**
- 9 REPEAT pattern of Part I measure 1. Release hands.
 - 10-12 *Man:* Placing knuckles in small of back, REPEAT pattern of Part I measures 2-4.
 - 10 ♣ *Woman:* Placing knuckles on hips, STEP FORWARD on LEFT foot (counts 1-2-3),
 ♣ STEP FORWARD on RIGHT foot TURNING left half around to face partner (counts 4-5),
 ♣ CLOSE AND STEP on LEFT foot beside right (counts 6-7).
 - 11 ♣ Facing partner, CROSS AND STEP on RIGHT foot in FRONT of left, turning 1/4 left so right elbows almost touch, bending knees slightly and bringing left foot up in back of right leg (counts 1-2-3),
 ♣ STEP BACK on LEFT foot in place, turning 1/4 right to reface partner (counts 4-5),
 ♣ STEP FORWARD on RIGHT foot (counts 6-7).
 - 12 ♣ STEP FORWARD on LEFT foot, turning right (clockwise) half around to face center (counts 1-2-3),
 ♣ CLOSE AND STEP on RIGHT foot beside left, rejoining hands in line facing center on partner's left (counts 4-5),
 ♣ PAUSE (counts 6-7).
 - 13-16 REPEAT pattern of measures 9-12, MAN moving out to change places.