

# SYRTÓS SALAMÍNOS

[SALAMÍNA, GREECE]

Source: Syrtós Salamínos (seer-TOHS sah-lah-MEE-nohs) is a dance for women from the island of Salamína which is near Athens. It is usually done to the song "Kamakáki" (harpoon or spear).

Bibliography: Greek Folk Dances, M. Vouras & R. Holden (New Jersey, 1965).

Music: Dora Stratou LP no. 1

RCA Victor LPMG 9

2/4 meter, ♩ ♩ or ♩ ♪

Formation: W in a broken circle with a front chain hold; i.e., hold hands of person next beyond neighbors on either side.

Characteristics: This is a light, lyrical island dance. The steps are very slightly bouncy. The feeling is happy.

<u>Meas</u>	<u>cts</u>	<u>Pattern</u>
<u>BASIC STEP</u>		
I	•	Step sdwd to R on R ft.
	•	Step across in front of R on L ft.
II	•	Facing ctr, step sdwd to R on R ft.
	•	Touch L ft in front of and slightly R of R ft (leaning L).
III	•	Step sdwd to L on L ft.
	•	Touch R ft in front of and slightly L of L ft.
<u>VARIATION I</u>		
I	•	Step sdwd to R on R ft.
	•	Step across in front of R ft on L ft.
	•	Step next to L ft on R ft.
II	•	Step on LOD on L ft.
	•	Step on LOD on R ft.
	•	Step next to R ft on L ft.
III	•	Step sdwd to R on L ft (facing ctr).
	•	Touch L ft in front of and slightly L of R ft (leaning L).
IV	•	Step sdwd to L on L ft.
	•	Touch R ft in front of and slightly R of L ft.
<u>VARIATION II</u>		
I	•	Step sdwd to R on R ft.
	•	Step next to R on L ft.
II	•	Step sdwd to R on R ft.
	•	Touch L ft next to R ft and slightly fwd.
III	•	Step sdwd to L on L ft.
	•	Step next to L on R ft.
IV	•	Step sdwd to L on L ft.
	•	Touch (or slight swing) R ft next to L ft and slightly fwd.

Presented by John Pappas.

*Texas Camp '75*