

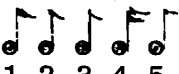
SYRTÓS SYNGATHISTOS
(Thrakia, Greece)

This Syrtós-type dance comes from northeastern Greece and is in 9/16 meter. Interestingly, the 4 measure pattern of the ever-popular Kalamatianos/Syrtos is completed in 3 measures in this dance.

Pronunciation: seer-TOHS sin-gah-thee-STOHS

Source: Elefteris Drandakis, Margarethe Mahkorn

Music: Garlic Press Cassette 001 A/2

Rhythm: 9/16 written here as  (dancers' beats)

Formation: Short lines or open circle; "W" pos; leader at R end.

Meas

Pattern

- 1 Facing ctr, step R ft diag back to R (ct 1); turning to face slightly R of ctr, step L ft across and in front of R (ct 2); hop on L ft and bring R ft fwd and in front (ct 3); hop on L ft again moving slightly fwd (ct 4); step R ft fwd, wt remaining on both ft (ct 5).
- 2 Turning to face ctr, step L ft behind and to R of R ft (ct 1); turning to face R of ctr, step R ft fwd (ct 2); step L ft fwd (ct 3); hop on L ft (ct 4); land on both ft, R ft slightly to R (ct 5).
- 3 Step L ft across and in front of R (ct 1); step R ft back diag L (ct 2); turning to face L of ctr, hop on R ft and lift L ft up and in front (ct 3); hop on R again (ct 4); step L ft back diag R (ct 5).

NOTE: To beg dance, wait first 2 beats of music and beg with ct 3 of meas 1 (hop, hop, land).

Presented by Stephen Kotansky