SYV SPRINGER SEVEN JUMPS (Denmark)

Verse 1 Have you never heard of the seven?

- 2 Have you never heard of the seven jumps?
- 3 Do you really think that I can't dance it?
- 4 I dance it like a nobleman. That's One, that's two, etc.



Opening Formation Single circle of dancers facing center. All hands joined at opening and each time after a figure when chorus is repeated.

Measures Lines		Everybody sings. Dancers take slide steps to the left in tempo with the music.
Measures Lines		Reverse and take slide steps to the right. On last note of Measure 8 release neighbors' hands and place own hands on hips.
Measure	9	Stamp loudly with right foot on first sustained note. Stand motionless throughout next note.
Measures Lines		Repeat chorus.
Measure	10	Stamp loudly with left foot on first sustained note. Stand motionless throughout next note.
Measures Lines		Repeat chorus.
Measure	11	Kneel on right knee on first sustained note. Remain motionless throughout next note. Rise.
Measures Lines		Repeat chorus.
Measure	12	Kneel on both knees on first sustained note. Remain motionless throughout next note. Rise.
Measures Lines		Repeat chorus.
Measure	13	Place right elbow on floor on first sustained note. Remain motionless throughout next note. Rise.
Measures Lines		Repeat chorus.
Measure	14	Place both elbows on floor on first sustained note. Remain motionless throughout next note. Rise.
Measures Lines		Repeat chorus.
Measure	15	Lie flat on floor on first sustained note. Remain motionless throughout next note. Rise.
Measures Lines		Repeat chorus.



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RECORD:













