

SZPACYRPOLKA  
Poland

This is a Ciesszyn dance, learned from Janina Marcinkowa. It was taught at the 1976 San Diego S.U.P.D. Conference by Morley Leyton.

PRONOUNCED: Shpah-tseer-polka

RECORD: LTN 4

FORMATION: Cpls in a closed circle, W on M R, all face ctr, hands straight down and joined.

SONG: Words to be sung during first melody:  
Szpacyrpolka piękny taniec  
Kto ja umie tancować  
Kto nie umie szpacyrpolki  
Niech sie uczy tancować

METER: 2/4                      PATTERN

Meas.

- FIG. I  
1-8 Face ctr, swing joined hands twd ctr on first ct of each meas meanwhile singing above words.  
9-16 Cpls break hands with other cpls keeping inside hands joined and face LOD - continue swinging hands as in meas 1-8. Skip to each ct of music, begin with outside ft.
- FIG. II: WALK & PIVOT  
1-2 Switch to M R arm around ptrs waist, W L hand on M R shldr. Walk 4 steps, beginning with outside ft. Outside hands hang freely down at sides.  
3-4 Do 4 1/2 turn pivots CW along LOD in ballroom pos (M-L and W-R hands are fully extended).  
5-8 Repeat meas 1-4.  
9-16 Repeat meas 1-8
- FIG. III: AWAY & TOGETHER  
1 Release hands, begin outside ft, step-together-step directly away from ptr, M twd ctr, W to outside; progress slightly. Swing both arms in direction of movement and bend slightly fwd from waist.  
2 Repeat meas 1, but opp direction with opp ft and hands.  
3-4 Do 4 1/2 pivots in shldr-shldr-blade hold.  
5-8 Repeat meas 1-4.  
9-16 Repeat meas 1-8.
- FIG. IV: TURN UNDER ARM  
1 Place hands on own hips, M with back to ctr, W face ctr and ptr. Both step in place, flat footed turning slightly CCW, RLR.  
2 Both step in place turning slightly CW, LRL.  
3 M give ptr first two fingers of R hand, W cup R hand around his two fingers. DO NOT GRASP. M move R hand in almost vertical CW circle, making ptr complete one CW pivot in place. Both step R,L.  
4 Place hands on hips and stamp R,L,R.  
5-8 Repeat meas 1-4.  
9-16 Repeat meas 1-8.
- FIG. V  
1-8 Repeat Fig. I, meas 9-16.  
9-16 Repeat Fig. II, meas 1-8.
- FIG. VI  
1-16 Repeat Fig. III.
- FIG. VII  
1-16 Repeat Fig. IV.
- FIG. VIII  
1-16 Skip around room and off floor.

Presented by Dick Oakes