

TA TRIA
(Thrace, Greece)

"Ta Tria", also known as "Tripati" ("three steps", related to the Bulgarian Trite Puti) comes from the Didymoteichon region of the Evros county. It is not as popular today as other dances of the region. As learned from Ted Petrides in 1982.

Recording: PANVOX X33SPV 16183 Songs and Dances of Thrace IV, or available on tape

Formation: Short lines, arms in "V" position

Music: 2/4

meas

pattern

Basic (sideward)

- 1 Facing slightly R of ctr, step R ft fwd to R (ct 1); step L ft fwd in front of R ft (ct 2).
- 2 Step R ft fwd (ct 1); lift-swing L ft in front of R ft, leg straight (ct 2).
- 3 Still facing slightly R of ctr, step bk onto L ft (ct 1); step back on R ft (ct 2).
- 4 Step bk on L ft (ct 1); facing ctr, lift-swing R ft in front of L ft (ct 2).
- 5 Step R ft to R (ct 1); lift-swing L ft in front of R ft (ct 2).
- 6 Repeat meas 5, opp ftwk and dir.

note: Arms swing fwd and bk during the whole dance, reaching a fwd low pos (arms straight) on ct 1& and a bkwd low pos on ct 2&.

Basic (foreward and back)

- 1-4 Repeat meas 1-4 of Basic moving fwd (meas 1-2) and bk (meas 3-4).
- 5-6 Repeat meas 5-6 of Basic.

Variation with Skips and "Pas de Basque"

- 1 Facing slightly R of ctr, preparatory lift on L ft (ct &); step R ft fwd (ct 1); lift on R ft (ct &); step L ft fwd in front of R ft (ct 2); lift on L ft (ct &).
- 2 Step R ft to R (ct 1); cross and step L ft in front of R ft (ct &); step R ft in place (ct 2); lift on R ft (ct &).
- 3 Still facing R of ctr, step bk on L ft (ct 1); lift on L ft (ct &); step bk on R ft (ct 2); lift on R ft (ct &).
- 4 Facing ctr, step L ft to L (ct 1); cross and step R ft in front of L ft (ct &); step L ft in place (ct 2); lift on L ft (ct &).
- 5 Repeat meas 2 (Pas de Basque R).
- 6 Repeat meas 4 (Pas de Basque L).

Ta Tria, cont.

meas

pattern

Forward with Stamps

- 1 Facing ctr, step R ft fwd (ct 1); stamp L ft beside R ft (ct &); step L ft fwd (ct 2); stamp R ft beside L ft (ct &).
- 2 Step R ft fwd (ct 1); stamp L ft beside R ft (ct &); stamp L ft beside R ft, no wt (ct 2); hold (ct &).
- 3 Leap bk onto L ft, R ft touching floor about 16" in front (ct 1); repeat ct 1, opp ftwk (ct 2).
- 4-6 Repeat meas 4-6 of Variations with Skips and Pas de Basque (Pas de Basque LRL).

The variations are called (or changed) by the leader, alternating steps to the side and then fwd (i.e., Basic 2 times to the side and 2 times fwd). As the dance progresses, the skips and the fwd stamps may replace the Basic.

Presented by Stephen Kotansky
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