- 1-4 lst and 2nd couples with two N.ST. forward move hack to place while 3rd and 4th couples dance apart and together (opposite from home position).
- 5-8 M and W of 1st and 2nd couples, dance apart to the corners and back to place--he begins left, she right as 3rd and 4th cpls. return to their places with two N.ST. forward
- 9-10 ALL FOUR COUPLES AT THE SAME TIME: Face your partner ard without a hand hold do 1 N.ST. to the right
- 11-12 one to the Left.
- Join Right hands and dance once around in place with two N.ST. NOTE: The foreward movement takes place only in second half of N.S.T.
- 9-16 (repetition) AS ABOVE.

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TAMPET

German M 114

"Tampet" or "LaTempete" or "Tempest" is probably a variant of several contra dances of the past century. North German in origin, it received much wider distribution and now is our party favorite.

- FORMATION: A line of 2 couples headed clockwise faces a line of 2 couples facing counter-clockwise. (Like Fireman's Dance) These sets of four couples are arranged in a large circle around the room.
- ACTION: A. Circle 8, 16 walking steps to the left and 16 walking steps to the right.
 - B. Within their rows couples change sides with four sliding steps, then and up by pointing right toe over left foot and left over right in the new position (when going to the left.) Reverse action when going to the right, pointing left toe over right first. (Pointing means to touch floor with toe beyond foor mentioned.)
- NOTE ON PASSING: 1) The original right couple passes in front of the left.
 - 2) Return to place with the new right couple passing in front.
 - 3) NOW REPEAT SAME ACTION WITH LEFT COUPLE PASSING IN FRONT.
- C. Center four form right hand cross (star) and at the same time corners join hands forward. Walk first 16 steps clockwise around in place, then 16 steps counter-clockwise (Center with left hand star) returning to starting position.
- D. Four Steps forward and four steps backward (hands joined in rows); then forward again. Each person drops hands and passes right should to right shoulder with the person in the other row of four facing him, tomove ahead and meet a new row. REPEAT FROM THE BEGINNING WITH THE NEW ROW.