

TIMONIA

(Russian)

Timonia comes from the region of the Ural Mountains. The name Timonia (Tee-MOH-nya) commemorates Timothy who was the father of Ermak, the discoverer of Siberia.

Music: National 4525B 4/4 and 2/4 meter

Formation: Broken circle of ptrs, W to L of M. Hands are joined and held low. Leading M R hand is free and last W has back of L hand on hip.

Steps: Basic Pattern: (6 meas) Walk in designated direction R,L,R,L (meas 1,2). Continuing step R (meas 3, ct 1). Stamp L beside R, no wt (ct 2). Walk L,R,L,R (meas 4,5). Almost in place stamp lightly L,R,L (meas 6, cts 1,&,2). Pattern always starts R.

Prysiadka: (3 meas) From standing pos, squat to heels, hands crossed between knees with palms turned in (meas 1). Spring to standing pos with wt on R and L heel a little fwd (meas 2, ct 1). Arms are extended to side about hip height. Hold pos for meas 2, ct 2 and meas 3. On the repeat of the prysiadka the wt would be on the L with the R heel on the floor.

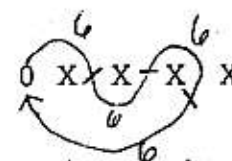
Meas
4/4 meter
4 meas

PatternIntroduction

2/4 meter
1-12 I. Basic Pattern in LOD, to Ctr, in LOD
Moving in LOD (CCW) dance Basic Pattern twice.
13-24 Facing ctr, dance 1 Basic Pattern twd ctr and 1 Basic Pattern moving bkwd away from ctr. Going in joined hands may raise a little and resume original pos on backing out.
25-36 Moving in LOD dance Basic Pattern twice.

II. Women Serpentine

1-12 Women: Complete Fig. takes 24 walking steps starting R ft. Backs of hands are on hips and shoulders lead naturally. Make an arc to go in front of ptr and then Center between ptr and 2nd M (6 steps). Continuing, make an arc behind 2nd M to end between 2nd M and 3rd M (6 steps). Make an arc to go in front of 3rd M and then between 3rd and 4th M (6 steps). Go behind the M line to end in original place (6 steps). The first 2 W in line dance the described floor pattern even if there is no M standing there.

*continued...*

TIMONIA (continued)

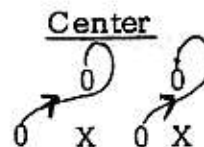
Men: Stand in place with wt on L ft and hands clasped behind back. Straighten knees on ct 1. Relax knees on ct 2. Continue this action for the 12 meas. At the end of meas 12 all rejoin hands in the line.

III. Basic Pattern

1-12 Moving in LOD dance Basic Pattern twice.

4/4 meter IV. Brush Step

1-2 Women: With back of hands on hips, walk 8 small steps, moving fwd and a little to R. Make a 1/2 turn L (CCW) at end to fact ptr.



Men: Stand in place with hands clasped behind back for meas 1-4.

3 Women: Stamp R (ct 1). Brush L ft fwd (ct 2). Brush Lft diag R bkwd across R ft (ct 3). Brush L ft diag fwd L (ct 4).

4 Women: In place step L,R,L (cts 1-3). Place R ft a little fwd (ct 4).

5-6 Men: Repeat action of W brush step (meas 3, Fig. IV) twice. Start with stamp on R and do the repeat starting with stamp on L.

Women: Stand in place with backs of hands on hips for meas 5-8.

7-8 Men: With 8 steps beginning R move twd W. At very end W turn CCW so all may rejoin hands to reform the line.

2/4 meter V. Basic Pattern

1-12 Moving in LOD dance Basic Pattern twice. If necessary move the line away from the ctr of the hall.

VI. Women Promenade and Men Prysiadka

Men: Meas 1-12: In place dance 4 Prysiadkas.

1-3 Women: With back of hands on hips, move fwd twd ctr with 6 small steps beginning R.

4-6 Women: Make a 1/4 turn L and walk 5 steps beginning R. Finish with stamp of L ft next to R, no wt.

7-9 Women: Make a 1/4 turn L and walk 5 steps beginning L. Finish with stamp of R ft next to L, no wt.

10-12 Make a 1/4 turn R and walk 6 steps to rejoin M in the line.

VII. Basic Pattern

1-12 Moving in LOD dance Basic Pattern twice.

Continued...

TIMONIA (continued)

- 68 meas REPEAT ACTION OF FIG. II - VII
- VIII. Finale
- 1 Moving in LOD run 3 small steps R,L,R (cts 1,&,2).
Stamp L next to R, no wt (ct &).
Repeat action of meas 1 (Fig. VIII), starting L ft.
- 3-4 Repeat action of meas 1-2 (Fig. VIII).
- 5 Repeat action of meas 1 (Fig. VIII).
- 6 Almost in place stamp L,R,L (cts 1,&,2). Hold ct & 0.
- 7-12 Repeat action of meas 1-6 (Fig. VIII).

Presented by Anatol Joukowsky

Notes by Ruth Ruling