

TINTEN BANAT
Israel

The dance was choreographed by Moshiko in 1974 and is based on authentic Yemenite dance elements. The name of the dance means "Two Daughters."

PRONUNCIATION: Teen-tin Bah-naht

RECORD: Dance with Moshiko, MIH-3, Side 2, Band 5

FORMATION: Couples with M facing RLOD, W LOD. Diag opp ptr with L hands joined in thumb grasp. Same ftwk for both M and W.

STYLE: All steps are bouncy and done in a syncopated rhythm. Side to side action is small and ftwk is small. Free hand is held at shldr ht and fingers continuously snap.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: 4 Meas.

PART I, A

- 1 With wt on L, lift R (ct &), step fwd on R (ct 1), hold (ct 2), leap on L in place (ct &), step fwd on R (ct 3), leap on L in place (ct 4).
 - 2 Yemenite R with hop (step R to R, leave L in place (ct 1), step on L in place (ct 2), step R in front of L (ct 3), hop on R in place (ct 4).
 - 3 Yemenite L with hop.
 - 4 Leap fwd on R (ct 1), leap fwd on L (ct 2), close R to L (ct 3), hold (ct 4). Ptrs change places with a CCW arc on cts 1,2.
- 5-8 Repeat meas 1-4.

PART II, B

- 1 Yemenite R with hop. Make a solo L turn in place to face opp direction (M-LOD, W-RLOD) on hop, letting go of L hands and joining R hands. Note: on ct 3 step fwd, ct 4 turn on hop.
 - 2 Yemenite L (cts 1-3), bounce on L (ct 4).
 - 3 Yemenite R (cts 1-3), bounce on R (ct 4).
 - 4 Yemenite L with hop. Make a solo R turn in place to face opp direction (M-ROLD, W-LOD) on hop, letting go of joined R hands and joining L hands.
- 5-8 Repeat meas 1-4.

PART III, A

- 1-8 Repeat meas 1-8, Part I, A.

PART IV, C

- 1 Step fwd on R (ct 1), hold (ct 2), step fwd on L (ct 3), hold (ct 4).
- 2-3 Repeat meas 1, two more times.

continued..

TINTEN BANAT, Cont'd.

- 4 Step fwd on R (ct 1), hold (ct 2), step fwd on L (ct 3),
pivot on L to face orig direction (M-RL0D, W-LOD) and
letting go of R hands and joining L hands (ct 4).
5-8 Join R hands and move CW with 8 walking steps as in meas
1-4.

To finish dance repeat Part I-IV, two more times.

The pattern is as follows: A,B,A,C; A,B,A,C; A,B,A,C.

Presented by Karen Codman

Camp Hess Kramer Institute, October 1976

Presented at the 1976 San Diego S.U.F.D. Conference by Moshiko