

# Tokimekino Rumba

(Japan)

A modern Japanese recreational circle dance. The song is sung by man about the girl who stole his heart. The word “tokimekino” translates as “heart throb.”

Pronunciation: toh-kee-meh-kee-noh room-bah

Music: 4/4 meter *Japanese Music CD, Track 15*

Formation: Circle of dancers facing ctr, hands free.

Steps & Styling: Cho: A short, soft clap      Chon: A hard, long clap

Ryote kaiguri: Translation: “Ryote” means “both hands” and “kaiguri” means “coil.” Hands move around each other fwd.

Meas                      4/4 meter                      Pattern

3 meas                      INTRODUCTION.

I.      SIDE-TOGETHER-SIDE-TOUCH

1                      Beg with R and moving CCW, step-together-step (R, L, R) (cts 1-3). Touch L next to R, chon (ct 4). Arms are bent at the elbow, hands in loose fists held at waist height, swing bkwd (& before ct 1), fwd (ct 1); bkwd (ct 2); fwd (ct 3); and chon (ct 4).

2                      Repeat meas 1 with opp ftwk and direction. Arms repeat meas 1.

II.      WALKING TO CENTER AND BACK

1                      Three steps twd ctr beg with R (cts 1-3); step L next to R (ct 4).

2                      Standing in place with knees slight bent, Ryote kaiguri to R and to L

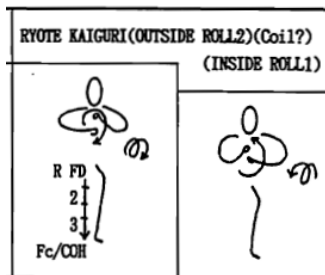
3-4                      Repeat meas 1-2, but walk away from ctr on meas 3.

III.      TURN AND SWAY RIGHT AND LEFT

1-2                      Walk in a small CW circle, beg with R and using eight walking steps, moving R, then away from ctr, continuing in the CW circle until facing ctr again.

3                      Facing ctr with wt on L, sway on R to R (cts 1-2), face slightly L, and extend hands from the heart upward and L until arms are straight (cts 3-4).

4                      Sway on L to L, face slightly R (cts 1-2), and extend hands from the heart upward and R until arms are straight (cts 3-4).



Presented by Iwao Tamaoki