

Trite Pâti from Sliven

(Trakia- Bulgaria)

Trite Pâti is a very popular type of dance in Eastern Thrace and Strandža regions. The variations described here are popular ones from the region of Sliven.

Pronunciation: TREE-teh puht-ee from SLEEH-vehn

Music: 2/4 meter *Yves Moreau Stockton FDC 2013, Track 9*

Formation: Short lines. Hands in W-pos. Face LOD, wt on L. Face slightly R of ctr.

Steps & Styling: Earthy feeling. Proud. Sharp movements.

Meas 2/4 meter

Pattern

8 meas INTRODUCTION. No action.

I. BASIC PATTERN

1 Moving CCW, hop L (ct ah); step R (ct 1); hop R (ct ah); step L (ct 2).

2 Hop L (ct ah); step R (ct 1); quick step L in front of R (ct &); quick step R (ct 2).

3-4 Repeat meas 1-2 with opp ftwk, but moving bkwd and facing CW.

Note: During meas 1-8, arms swing back on uneven cts and fwd on even cts.

5 Facing ctr, step slightly fwd R (ct ah); raise arms diag fwd (ct 1); close L next to R (ct ah); arms in W-pos (ct 2).

6 Repeat meas 5 with opp ftwk and direction, but with arms swinging down.

7 Facing ctr, hop L while arms swing fwd (ct ah); step R while arms start to swing back up (ct 1); cross L behind R (ct &); step R in place (ct 2).

8 Repeat meas 7 with opp ftwk and direction, but with arms swinging down.

II. STAMP & SLIDE TO THE LEFT

1 Facing ctr and bringing arms up to W-pos, step R to R, turning body to face R (ct 1); step L next to R (ct 2).

2 With body still facing R, step R to R (ct 1); stamp L next to R without wt (ct 2).

3-4 With body facing ctr, do four “chasse” steps to L, during which arms swing bkwd and fwd.

5-8 Repeat Fig 1, meas 5-8.

Sequence: Leader may signal changes. Suggested sequence: Fig I three times, Fig II four times, then alternate Fig I two times and Fig II two times to the end of the music. End with step L to L, stamp R next to L.

Presented by Yves Moreau

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