

## TSIFTETELLI

**SOURCE :** Tsiftetelli is deeply rooted in the ancient rituals of Ionia, commonly known as Anatolia, in Asia Minor. It is referred to by many as the belly dance, found in the harems, danced by dancers vying for favors in the pashas habitats. The dance is characterized by undulating movement and, like the ancient cults that developed the dance form from religious festivals, dancing for purposes of religious ecstasy. Tsiftetelli is an old art, using the same musical elements as those commonly related to belly dance.

4/4 sqq Couples facing each other

### PATTERN

Fig. A

- 1 Step L over R.
- 2 Step R to R.
- 3 Step on L by R.

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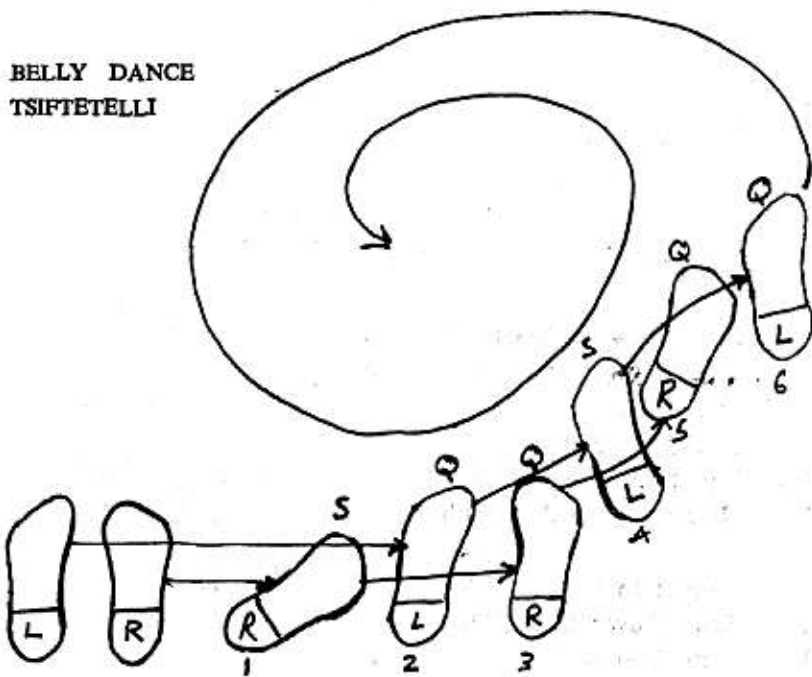
- 1 Step R over L.
- 2 Step L to L.
- 3 Step on R by L.

Fig. B \*

- |                      |                      |
|----------------------|----------------------|
| 1 Step R LOD.        | 1 Step L LOD.        |
| 2 Hold L by R ankle. | 2 Lift R by L ankle. |
| 3 Hold.              | 3 Hold.              |
- \* Partners circle each other

Fig. C

- |                            |                            |
|----------------------------|----------------------------|
| 1 Step R LOD (long step).  | 1 Step L LOD (long step).  |
| 2 Step L close behind R.   | 2 Step R close behind L.   |
| 3 Step R LOD (short step). | 3 Step L LOD (short step). |



BASIC FOOT PATTERN NOT INDICATING BODY MOVEMENT AND ARMS. FOOT PATTERN CONTINUES IN SLOW QUICK—QUICK AROUND THE CIRCLE AND OUT.