

* TSION TAMATI
Circle Dance

The dance portrays the great longing the Jews have for returning to Zion - Israel.

Translation: My Innocent Zion
Dance: Eliyahu Gamliel
Meter: 3/4
Formation: Circle in a simple hold



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| 1 | 1-3 | <u>Part A</u>
3 Steps fwd. - R, L, R, in LOD, CCW, on the third step turn to face center |
| 2 | 1 | Step L back w/bent knee |
| | 2 | Step R fwd. |
| | 3 | Close L beside R |
| 3-4 | | Repeat Meas. 1-2, Part A |
| 5 | 1 | Step R to R |
| | 2 | Cross L over R |
| | 3 | Step R back behind L |
| 6 | 1-3 | 3 Step turn - L, R, L to L moving to RLOD, CW |
| 7 | 1 | Step R across L w/bent knee, hands and fingers stretched to L |
| | 2 | Step L to L elbows bent, body straight |
| | 3 | Repeat ct. 1, Meas. 7, Part A |
| 8 | 1 | Repeat ct. 2, Meas. 7, Part A |
| | 2-3 | Repeat cts. 1-2, Meas. 7, Part A |
| 9-16 | | Repeat Meas. 1-8, Part A |



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| | | <u>Part B - (face center)</u> |
| 1 | 1-3 | 3 Steps fwd. - R, L, R |
| 2 | 1 | Step L fwd. w/bent knee |
| | 2 | Close R beside L |
| | 3 | Hold |
| 3-4 | | Repeat Meas. 1-2, Part B, reverse direction |
| 5 | 1-2 | 2 Steps fwd. - R, L |
| | 3 | Brush R heel while rising on L |
| 6 | | Repeat Meas. 5, Part B |
| 7 | 1 | Cross R over L |
| | 2 | Step L in place, behind R |
| | 3 | |
| 8 | 1-2 }
3 | 3 Step turn CW, R, L, R moving back |
| | | Close L beside R, face center |

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| | | <u>Part C</u> |
| 1 | 1-3 | 3 Steps - R, L, R in LOD, CCW |
| 2 | 1 | Cross L over R |
| | 2 | Close R beside L, turn to face RLOD, CW |
| | 3 | Hold |
| 3-4 | | Repeat Meas. 1-2, Part C, reverse footwork and direction |
| 5-6 | 1-6 | 2 Waltz steps - R, L, to complete 1 solo turn to R, CW |
| 7 | 1 | Step R fwd., toward center |
| | 2 | Close L beside R while rising to balls of feet |
| | 3 | Hold |
| 8 | 1-3 | Repeat Meas. 7, Part C, reverse footwork and direction |

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| | | <u>Interlude</u> |
| 1-8 | | Repeat Meas. 1-8, Part A |