

TSION TAMATI
Circle Dance

The dance portrays the great longing the Jews have for returning to Zion - Israel.
 Translation: My Innocent Zion
 Dance: Eliyahu Gamliel
 Meter: 3/4
 Formation: Circle in a simple hold

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A</u>		
1	1-3	3 Steps fwd. - R, L, R, in LOD, CCW, on the third step turn to face center
2	1	Step L back w/bent knee
	2	Step R fwd.
	3	Close L beside R
3-4		Repeat Meas. 1-2, Part A
5	1	Step R to R
	2	Cross L over R
	3	Step R back behind L
6	1-3	3 Step turn - L, R, L to L moving to RLOD, CW
7	1	Step R across L w/bent knee, hands and fingers stretched to L
	2	Step L to L elbows bent, body straight
	3	Repeat ct. 1, Meas. 7, Part A
8	1	Repeat ct. 2, Meas. 7, Part A
	2-3	Repeat cts. 1-2, Meas. 7, Part A
9-16		Repeat Meas. 1-8, Part A
<u>Part B - (face center)</u>		
1	1-3	3 Steps fwd. - R, L, R
2	1	Step L fwd. w/bent knee
	2	Close R beside L
	3	Hold
3-4		Repeat Meas. 1-2, Part B, reverse direction
5	1-2	2 Steps fwd. - R, L
	3	Brush R heel while rising on L
6		Repeat Meas. 5, Part B
7	1	Cross R over L
	2	Step L in place, behind R
	3	
8	1-2)	3 Step turn CW, R, L, R moving back
	3)	Close L beside R, face center

continued...

TSION TAMATI (continued)

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part C</u>
1	1-3	3 Steps - R, L, R in LOD, CCW
2	1	Cross L over R
	2	Close R beside L, turn to face RLOD, CW
	3	Hold
3-4		Repeat Meas. 1-2, Part C reverse footwork and direction
5-6	1-6	2 Waltz steps - R, L, to complete 1 solo turn to R, CW
7	1	Step R fwd., toward center
	2	Close L beside R while rising to balls of feet
	3	Hold
8	1-3	Repeat Meas. 7, Part C, reverse footwork and direction
		<u>Interlude</u>
1-8		Repeat Meas. 1-8, Part A