

TSION TAMATI
Circle Dance

The dance portrays the great longing the Jews have for returning to Zion - Israel.

Translation: By Innocent Zion
Dance: Eliyahu Gamliel
Meter: 3/4
Formation: Circle in a simple hold

8 Intro

Measures	Counts	Description
1	1-3	<u>Part A</u> Facing R in LOD 3 Steps fwd. - R, L, R, in LOD, CCW, on the third step turn to face center
2	1	Step L back up onto balls of ft <i>on straight leg</i>
	2	Step R fwd. <i>came movement to bent knee</i>
	3	Close L beside R <i>Shift body fwd</i>
3-4		Repeat Meas. 1-2, Part A
5	1	Step R to R
	2	Cross L over R
	3	Step R back behind L
6	1-3	3 Step turn - L, R, L to L moving to RLOD, CW
7	1	Step R across L w/bent knees, hands and fingers stretched to L
	2	Step L to L elbows bent, body straight <i>& slight body lean to R</i>
	3	Repeat ct. 1, Meas. 7, Part A
8	1	Repeat ct. 2, Meas. 7, Part A
	2-3	Repeat cts. 1-2, Meas. 7, Part A
9-16		Repeat Meas. 1-8, Part A

Measures	Counts	Description
1	1-3	<u>Part B - (face center)</u> 3 Steps fwd. - R, L, R
2	1	Step L fwd. w/bent knee <i>& leaning fwd slightly</i>
	2	Close R beside L <i>up onto balls of ft, bringing hands up</i>
	3	Hold <i>ful</i>
3-4		Repeat Meas. 1-2, Part B, <i>reverse direction</i>
5	1-2	2 Steps fwd. - R <i>brushing knee slightly</i> , L starting to come up
	3	Brush R heel while rising on ball of L
6		Repeat Meas. 5, Part B
7	1	Cross R over L
	2	Step L in place, behind R
	3	3 Step turn CW, R, L, R moving <i>out of cir</i>
8	1-2 } 3	Close L beside R, face center

Measures	Counts	Description
1	1-3	<u>Part C</u> 3 Steps - R, L, R in LOD, CCW
2	1	Cross L over R <i>brushing up on balls of ft, pivot</i>
	2	Close R beside L, turn to face RLOD, CW
	3	Hold
3-4		Repeat Meas. 1-2, Part C, reverse footwork and direction
5-6	1-6	2 Waltz steps - R, L, to complete 1 solo turn to R, CW
7	1	Step R fwd., toward center
	2	Close L beside R while rising to balls of feet
	3	Hold
8	1-3	Repeat Meas. 7, Part C, reverse footwork and direction

Interlude

Repeat Meas. 1-8, Part A