

U SEST  
(Jugoslavian Kolo)

Record: Balkan BAL. 535 B - Sitno Kolo 78 R.M.P.  
U Sest I - Folkraft F1547x45 R.P.M.

Note: There are many other recordings and other variations. This is one in which the main figure in each verse is repeated four times.

Position: No partners, hands joined down very close to sides.

The Dance:-- No Introduction. Start on first note of music.

- I (1) Facing Right, start on R ft and step RLR and close L ft to R ft; step to L and close R ft to L ft; step on R ft and close L ft.  
(Cue: RLR-close, L-close, R-close).
- (2) Repeat (1) to Left, starting with L ft.
- (3) Repeat (1) and (2).
- II (4) Step to Right on R ft, hop on R ft crossing L ft over at the same time, then step on L ft. Then do three "mixed pickles" steps RLR, LRL, RLR (in place.) (The emphasis is on the first step or "mixed").
- (5) Repeat (4) to Left, starting with L ft.
- (6) Repeat (4) and (5).
- III (7) Starting to Right with R ft, do grapevine for four little steps with the L ft going behind each time. Then do "mixed pickles" again three times starting with R ft.
- (8) Repeat (7) to Left, starting with L ft.
- (9) Repeat (7) and (8).
- IV(10) Starting to Right with R ft, do grapevine for seven little steps with the L ft going behind each time. Then do "mixed pickles" just twice, starting with L ft.
- (11) Repeat (10) to the Left, starting with L ft.
- (12) Repeat (10) and (11).
- V(13) Cut step: Step to Right on R ft, then hop on R ft while L ft swings behind and steps with weight on it. Repeat this cut step two more times. Do just one "mixed pickles" starting with R ft.
- (14) Repeat (13) to the Left, starting with L ft. Then do one "mixed Pickles," starting with L ft.
- (15) Repeat (13) and (14).
- VI(16) Starting with R ft do one 4-step grapevine as in (7), then two cut-steps as in (13). Then do just one "mixed pickles" starting with R ft.
- (17) Repeat (16) to Left, starting with L ft.
- (18) Repeat (16) and (17).

START DANCE OVER.

Note: If the Balkan recording is used, the dance is done twice through. If the Folkraft recording is used, the dance is done about 1-3/4 times through.

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