

ÜÇ AYAK (FROM KARS)
Line Dance

Source: Learned from Ercüment Kılıç of the Turkish National Ensemble in Ankara, Turkey, 1977. The dance is from the village of Kars (not the city) in Northeastern Turkey on the Russian border.

Record: Horon 102, Side II, #1

Formation: Men and women in a line with little finger hold, hands at shldr ht.

Rhythm: 4/4

Cts INTRODUCTION

1-8 Bouncing in place for 8 cts or start immediately without intro

STEP I - SLOW WALK

- 1 Facing ctr, moving and looking to R, step R as hands go R
- 2 Step L across R as hands move to L and you look to L
- 3 Step R to R as hands bounce in place, look to R
- 4 Touch L toe across in frt as hands bounce in place, looking to R
- 5 Step L in place as hands bounce in place, look to L
- 6 Touch R toe across in frt as hands bounce in place, looking to L
- 7 Extend R heel to R as hands bounce in place, look to R
- 8 Touch R toe across in frt, hands bounce in place, look to L

Cts 1-8 are done until the music gets fast. On the last ct 8, hands are brought down and back quickly.

STEP II - RUN-HOPS

- 1 Moving LOD, leap to R as hands swing fwd
- 2 Leap to L as hands swing bwd
- 3 Jump on both in place as hands swing fwd
- 4 Bounce on R and lift L under body, holding hands over head
- 5 Bounce on R and touch L toe to ctr, hands are up
- 6 Bounce on R and raise L toe about 3", hands are up
- 7 Bounce on R and touch L toe to ctr, hands are up
- 8 Leap onto L next to R as you lift R slightly in back, hands swing down

Cts 1-8 are done ten times total. On last ct 8, all stop, hands down