

Valse de Maman

(French Canada)

Translation: Mom's waltz

From Gatineau (Gatineau /Hull/Aylmer) – South west of the Province of Quebec

Music: Tommy Duchesne – Valse du Lac St-Jean

A-

Facing circle

Waltz step R 2 3

Waltz step L 2 3

Move to the R, facing circle, R to right, & L in place

Waltz step R 2 3

Reverse

B -

Circle on your own

8 waltz steps

C -

Making a full circle, counter clockwise facing R

8 waltz steps

D -

Present

4 Waltz steps in (women turning on fourth to return)

4 Waltz steps out (men, backing out and women may turn while returning to position)

Everybody,

2 waltz steps in

2 waltz steps out (women may turn while returning to position)

Repeat

Presented by André Montsion

Camp Hess Kramer Institute

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