

Valse de l'Amitié

(French Canada)

Adaptation of a French-Canadian waltz mixer by France Bourque-Moreau.

Transation: Friendship Waltz

Pronunciation: VAHLS duh lah-mee-tee-AY

Music: 3/4 meter CD: *Yves & France Moreau Stockton Folk Dance Camp 2009*, Band 10.

Formation: Partners facing each other on a single circle.

<u>Meas</u>	Music: 3/4 meter	<u>Pattern</u>
1-8	<u>INTRODUCTION</u> Instrumental music. No action.	
	I. <u>GRAND R AND L</u>	
1-2	Joining R hand with ptr, take one waltz step fwd and one waltz step back.	
3-4	Take two waltz steps fwd moving on to the next person (passing R shldr), presenting L hand.	
5-16	Repeat meas 1-4, starting with L hand.	
	Note: Figure 1 is done 4 times (R hand, L hand, R hand, L hand).	
	II. <u>SLIDING TO CENTER AND BACK</u>	
1-2	With new ptr, join two hands and take two large sliding steps to the ctr (inside ft).	
3-4	Take two large sliding steps away from ctr (outside ft).	
5-6	Balance (step-lift, step-lift) inside and outside.	
7-8	Let go of hands and do a complete turn to inside circle (three steps).	
9-16	Repeat meas 1-8 in opp direction.	
	Repeat dance from beginning.	

Presented by France Bourque-Moreau