

1963 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Albert S. Pill

LA VARSOVIANA
(Early California)

- SOURCE: Learned by Albert S. Pill from Casilda Amador of the Padua Hills Theatre of Claremont, California.
- RECORD: ASP 6007
- FORMATION: Cpls in social dance pos, M back to center of circle.
- STEPS: Varsoviana Step: Lift L ft with knee turned out (ct 3); step fwd L ft (ct 1), step in place R ft (ct 2), lift L ft with knee turned out (ct 3). Step can also begin with lift of R ft.
- Traveling Step: 2 meas to complete 1 step. Lift L ft with knee turned out (ct 3), step fwd L ft (ct 1), step fwd R ft (ct 2), step fwd L ft (ct 3), touch R ft flat to R side (cts 1-3). Step would then repeat beg with lift of R ft.

MUSIC 3/4

PATTERN

- Measures I. SOCIAL DANCE POSITION
- 1-2 Cpls dance 2 Varsoviana Steps in place beg lift of M-L and W-R ft.
- 3-4 Cpls move in LOD with 1 Traveling Step beg lift of M-L and W-R ft.
- 5-6 Repeat action of Fig. I, meas 1-2, beg lift of M-R and W-L ft.
- 7-8 Repeat action of Fig. I, meas 3-4, moving RLOD and beg lift of M-R and W-L ft.
- 9-10 Cpls move in LOD with 1 Traveling Step beg lift of M-L and W-R ft.
- 11-12 Cpls move in RLOD with 1 Traveling Step beg lift of M-R and W-L ft.
- 13-14 Repeat action of Fig. I, meas 9-10.
- 15-16 W makes $1\frac{1}{4}$ turns to L under joined hands with 4 walking steps beg L ft, while M turns $\frac{1}{4}$ to L with 4 steps beg R ft. Hands are dropped after W turns as ptrns go back to back; M-R and W-L hands are joined and extended fwd while M-L and W-R hands are joined at waist.
- II. BACK TO BACK
- 1-2 Facing out of circle, dance 2 Varsoviana Steps in place beg lift of M-R and W-L ft.
- 3-4 Cpls move away from circle with 1 Traveling Step beg lift of M-R and W-L ft. On this step, the M-L and W-R hands are extended, M-R and W-L hands put at W waist, and cpls turn to face twd center of circle.

Continued...

- 5-6 Repeat action of Fig. II, meas 1-2, shoulders twd center of circle, beg lift of M-L and W-R ft.
- 7-8 Repeat action of II, meas 3-4 but moving twd center of circle. Hands again change to assume position as at the beginning of the figure.
- 9-10 Cpls move out of circle with 1 Traveling Step beg lift of M-R and W-L. On meas 10 the hand hold is as in Fig. II, meas 3-4.
- 11-12 Repeat action of Fig II, meas 9-10, moving twd center of circle; on meas 12 hands are joined as in beg of Fig II.
- 13-14 Repeat action of Fig. II, meas 9-10.
- 15-16 W makes $1\frac{1}{4}$ turns to R with 4 steps in front of M, M leading W across with L hand, as cpls go into Varsoviana Position, W to R of M.

III. VARSOVIANA POSITION

- 1-2 Facing LOD, cpls dance 2 Varsoviana Steps in place, both beg lift of L ft.
- 3-4 Move fwd in LOD with 1 Traveling Step beg lift of L ft, W moves to M L side with this step.
- 5-6 Repeat action of Fig. III, meas 1-2, beg lift of R ft for M and W.
- 7-8 Repeat action of Fig. III, meas 3-4, W moving back to M-R side, beg lift of R ft.
- 9-10 W moves to M-L side with 1 Traveling Step while M dances to R, both beg lift of L ft.
- 11-12 Repeat action of Fig. III, meas 9-10, W returning to M R side, beg lift of R ft.
- 13-14 Repeat action of Fig. III, meas 9-10.
- 15-16 Drop L hands. W makes $\frac{1}{2}$ turn to L with 4 steps to face M who slightly turns to put back to center of circle. R hands remain joined.

IV. HANDS JOINED

- 1-2 Dance 2 Varsoviana Steps in place beg lift of R ft for M and W.
- 3-4 Cpls change places with 1 Traveling Step beg lift of R ft. On meas 4 join L hands.
- 5-6 Repeat action of Fig. IV, meas 1-2, in exchanged places, beg lift of L ft for M and W.
- 7-8 Repeat action of Fig. IV, meas 3-4, beg lift of L ft and returning to own places. On meas 8, R hands are joined.
- 9-10 Repeat action of Fig. IV, meas 3-4.
- 11-12 Repeat action of Fig. IV, meas 7-8.
- 13-14 Repeat action of Fig. IV, meas 3-4.
- 15-16 W makes 2 turns CW under joined L hands beg L ft and goes back to own place facing center of circle while M returns to own place with back to center of circle with 4 steps beg L ft. Bow and curtsy, L hands joined.