

VESAMAHTA BEHAGECHA

Side 1, band 3 VESAMAHTA BEHAGECHA (And Be Happy In Your Holiday)

Dance: Moshiko. Music: Moshiko. Record: MIH 3. Style: A change-partner dance in Hassidic style. All steps done with a soft bounce, low to the ground. Formation: Couples in a circle, M facing CCW, W facing CW. The partners are diagonally to the left of each other. M are in an outside circle, W in an inside circle. Join L hands (preferably with a handkerchief), both hands are raised. Steps the same for M and W.

PART I:

Step L to L. Head tips twds ptrn (ct 1). Step R in place (ct 2). Step L across in front of R (ct 3). Step R bwds away from ptrn. Lean head and body away from ptrn but cont' to look at him. Raised R arm "protects" the head, and R hand is in front of forehead with back of hand facing forehead (ct 4). 4 steps around ptrn (CCW), starting with L (cts 5-8). Repeat 1-8 ending in original pos, M facing CCW, W facing CW (cts 9-16). Repeat 1-16 (cts 17-32).

PART II: Move around the circle, M fwd, W backing up.

3 steps starting L (cts 1-3). Lift on L (ct 4). Repeat two more times (cts 5/12). 3 steps fwd so that you pass L shoulders (cts 13-15). Lift on R, half turn to face ptrn, change hands (ct 16). Repeat 1-4 Part II three more times with M backing up, W moving fwd (cts 17-28). Repeat 13-15 Part II passing R shoulders (cts 29-31). Lift on R, face a new ptrn go slightly past him, passing R shoulders and turn R on the "lift" to face ptrn (ct 32). Take L hands (or handkerchief) and start dance again.