

VESTERBOPOLSK

Formation: Partners single circle.

N. Denmark

Record: HMV AL 1290

- (:1-8:) (a) Hands joined, hop steps clockwise, counter-clockwise.
- 9-16 (b) Partners face, two hand position, 4 single Tyrolean steps in place, beginning with inside foot, 8 hops on right foot twice around clockwise in place.
- 9-16 Repeat 4 Tyrolean steps in place, 8 hops on right foot 1½ times around backwards; men leave partners on their left.
- (:1-8:) (c) Partners face, hands on hips, eight jig steps. Face new partners, turning toward circle, men face women on their right; repeat jig steps. ~~repeat (U) (U) (U).~~

As presented by Fay Ferree -Summer of 1975
at Lighted Lantern Folk Dance Camp.
