

VIRA CRUZADA
(Portugal)

Santa Marta de Portuzelo, Viana do Castelo

Madelynne Greene learned this dance for two couples in Portugal in 1962. Vira Cruzada (Veera Cruzah'da) was taught to her by the Grupo Folklorico de Santa Marta de Portuzelo by arrangement with Dr. Sousa-Gomez, director and founder of the group.

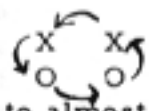
Music: Record: "VAI-TE EMBORA ANTONIO" RADERTZ EPR 601 preferred.
"VAI-TE EMBORA ANTONIO" RAPSODIA EPF 5, 042
Express 227

Formation: 2 M facing 2 W (M have backs to music) #1 #2
Ptrs diag opp each other. X X
O O
#2 #1

Measures Pattern
6/8 (fast waltz)

I. TRANSLATION STEP (Orchestral)
Pick up ct 6 1, 2, 3 (rest on ct 6, 1, 2, 3) Begin on ct 4 (5 6) by
1 step on M's L ft and pivot on L to R facing R in the line.
W steps are on opp ft - she mirrors the M's steps.
They both move with 1 step and quickly face the opp direction on
beginning of next meas. (Arms for both are at sides, relaxed).
2 Moving facing to R, step R (ct 1-2), close L to R (ct 3), step R
(ct 4), pivot on R ft (ct 5-6).
3 Moving and facing L, step L, close R to L, step L
4-7 Continue dancing step described above to R, then L, R, L.
8 M: Step R, close L, step R (cts 1, 2, 3, 4). On cts 5 & 6, stamp
L, R, L.
9 (3/8) Stamp R ft (cts 1-2), step lightly on L (ct 3) in preparation for
Fig II. (Rhythm is: L R L R
5 and 6 1

II. VIRA (Turning) Vocal Solo
The 2 cpls begin circling in CCW formation



1-2 W begin turning to R on R ft taking 2 waltzes to almost complete
one CW revolution. Arms are held up curved high, hands
higher than head level. ARMS: On first step on R ft, L arm
scoops down sweeping from back down and then fwd (in a circular
manner), and other arm is moving in opposition to it, somewhat
like the mechanics of a backward stroke in swimming.
3-8 Continue as above looking in twd ctr on beg of each R step as L
arm dips down and comes through. At the end of meas 8, ptrs
will arrive at original places having gone twice around the circle.

Continued...

VIRA CRUZADA (cont)

- 1 M: Step R (cts 1-2), hop R (ct 3), step L (ct 4), dance 2 big accented step-hops beginning on R ft (and lifting other knee high (cts 5-6), moving fwd in LOD in circle
- 2-8 Continue in circle dancing the waltz steps as described for the W in meas 1. End in orig place having gone twice around circle.

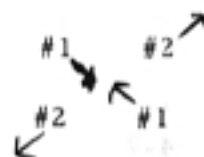
NOTE: On these circles the dancers lean inward twd ctr of circle and look over L shoulder twd ptr on the accented waltz (on R ft).

III. INTO CENTER AND OUT (Vocal chorus)

- 1 (a) Cpl #1, one running waltz step to ctr beg R ft (cts 1-3). Spring onto both ft, slightly bent knees, L shoulders almost touching (cts 4-5), hop on R ft and begin to make 1/2 L turn twd L (facing out of circle) (ct 6).
- 2 (b) With back to ptr dance one running waltz out from ctr to orig place, reversing ftwork (begin on L ft), hop on L and turn 1/2 turn to R to face ctr.
- 3-4 Repeat action of Meas 1-2, Fig III, going in and coming out of ctr.

Cpl #2 at same time will do the same steps, but begin Fig by going out of circle as in Fig III, meas 2 (b), and begin with L ft, then go in to ctr, alternately with cpl #1.

Choreography: Cpl #1 to ctr as:
Cpl #2 goes out of circle
Cpl #1 goes out as
Cpl #2 goes into ctr of circle
Repeat



IV.

- 1 Cpl #1 ptrs change places on 2 running waltzes passing L shoulders at ctr of circle and make 1/2 turn to own R (CW) to face ctr. ARMS: L arm scoops down as in Fig II).
- 2 While waiting for cpl #2 to cross (as cpl #1 did in meas 1), cpl #1 dance 2 waltzes - a tiny circle on the spot not more than a foot and a half in diameter, all the time facing the ctr of circle.
- 3 Cpl #1 return to orig place (ftwork same as meas 1, Fig IV).
- 4 Repeat action of meas 2, Fig IV, M accenting by stamping ft.
- 1 Cpl #2 dance out of circle as in Fig III, meas 2 (b), end by hopping on L ft.
- 2 Change places with ptr as cpl #1 did in Fig IV, meas 1.
- 3 Tiny circle facing ctr as described in Fig IV, meas 2.
- 4 Return home as in Fig IV, meas

Choreography: Cpl #1 cross over
Cpl #2 cross Cpl #1 tiny circle
Cpl #1 cross home- Cpl #2 tiny circle
Cpl #2 cross home- Cpl #1 tiny circle

Repeat Fig II, III, IV - 4 more times.

NOTE: The "translation" figure is done only once at the beginning of the dance.

ERRATA:

VIRA CRUZADA

19

Delete all of Fig I and substitute the following:

- Pick-up There are four pick-up notes (ct 3,4,5,6). Rest on ct 3. Begin on ct 4 (5,6) by stepping on M R and pivoting on R to L, facing L in the line. W on opp ft - she mirrors the M steps. They both move with 1 "step-close-step" and quickly face opp direction to beg next meas. Arms for both are at sides, relaxed.
- 1 Moving and facing to L, step L (ct 1,2), close R to L (ct 3), step L (ct 4), pivot on L(ct 5,6).
- 2 Moving and facing R, step R (ct 1,2), close L to R (ct 3), step R (ct 4), pivot on R (ct 5,6).
- 3-7 Continue dancing step described above to L, then R, L, R, L (7 in all).
metre 9/8 NOTE: Meas 8 has 3 extra counts in it.
- 8 W continues step described above 1 more time (left, close, left) (ct 1-6), hold (ct 7-9).
M only stamp as follows: R L R L R hold
ct 1 2 & 3 4 5-6
step lightly on L (ct 7--9) in preparation for Fig II.

20

Delete the first three lines and substitute the following:

- 1 Moving LOD in circle, M dance 2 big accented step-hops: step R (cts 1-2), hop R, lifting L knee high (ct 3), step L (cts 4,5), hop L, lifting R knee high (ct 6).
- 2-8 Line 2 - delete the words in meas 1.