

VIRA VALSEADO I
VIRA WALTZ
 (A Portuguese Dance)

This dance is done in various forms, Herewith are two patterns: "The Vira," a set dance for two couples (Figures I & II). "The Vira Extrapassado," a longways dance for 4 couples (Fig. II & V).

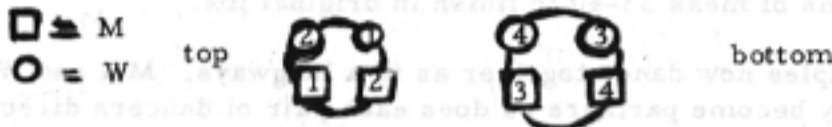
Source: Dances from Old Homelands - Elizabeth Burchenal

Dances from Portugal, Lucille Armstrong

Music: Written in books listed above

Kismet record #137

Formation: Four couples in a longways formation, M in one line and W in the other, but partners are diag opposite not directly opposite each other (see diagram)



For Figures I, II, IV, VI - couples 1 & 2 dance as a set and couples 3 & 4 dance as a set - as indicated by circles in diagram.

For Figures III, V - all four couples dance in a longways

Figure III - M 1, and W 2 are the head couple

Figure V - M 3, and W 4, are the head couple

Hs are held at shoulder height and fingers are snapped rhythmically on the first beat of each meas. The W may hold skirt or allow arms to follow sway of body in Fig. I.

Steps: Pas de basque, small leap waltz, springy step-hop.

Meas. Pattern

Music 3/4 Introduction 4 meas, standing in place.

Figure I

Couples 1 & 2 and couples 3 & 4 dance as separate sets, each moving CCW in their own circle.

1-16 Move CCW in circle with 16 pas de basque steps.

17-24 Continue moving CCW in circle with 8 waltz steps, each dancer turns individually revolving himself CW.

25-32 Continue moving CCW in circle but revolve individually CCW with 6 waltz steps, then face partner and dance 2 waltz steps to finish in original pos (as the step continues the M may use a springy step-hop using 3 cts and lifting the knee of the free ft fwd.)

Figure II

Facing own partner diag across the set. Both M & W Hs are at shoulder height. The step is more lively and vigorous though the tempo is the same.

33 Couple 1 dance 1 waltz step twd each other - start L ft. Couple 2 dance 1 waltz step in place starting L ft.

34 Couple 1 stamp fwd on R ft turning so that R shoulders are adjacent, with weight on R ft raise and lower the R heel. Couple 2 dance 1 waltz step in place starting R ft.

Continued...

VIRA WALTZ
(A Portuguese Dance)

Vira Waltz

- This dance is done in various forms, however are two patterns: "The Vira" set dance for two couples (Figures I & II); "The Vira Extrapolada" Dances from Old Dances.
- Meas. Pattern
- 35-36 Couple 2 now dance the action of Couple 1 on meas 33-34. Couple 1 dance 1 waltz step bkwd (start L ft) stamp R ft bkwd turning so that L shoulder is twd partner and raise and lower R heel.
- 37-38 Couple 2 now dance action of couple 1 in meas 35-36. Couple 1 dance 1 waltz step twd each other passing ~~R shoulders~~ and turning *face to face* 1/2 CCW to dance the second waltz step bkwd into partner's place.
- 39-40 Couple 2 now dance action of couple 1 in meas 37-38. Couple 1 dance 2 waltz steps in place.
- 41-48 Repeat actions of meas 33-40 to finish in original pos.
- Figure III.
The four couples now dance together as in a longways. M 1 and W 2 now automatically become partners as does each pair of dancers directly opposite each other in the lines. Partners will reel as in Virginia Reel or Strip the Willow.
- 1-4 M 1 & W 2 hook R arms and turn 1-1/2 times with 4 waltz steps to finish so that the M faces the next W in line and the W faces the next M.
- 5-6 With 2 waltz steps turn second couple with L arm and face partner.
- 7-8 With 2 waltz turn partner with R arm and face next coupla.
- 9-10 With 2 waltz turn third couple with L arm
- 11-12 With 2 waltz turn partner with R arm.
- 13-14 With 2 waltz turn fourth couple with L arm.
- 15-16 With 2 waltz steps pass R shoulders with partner and finish in own place at the bottom of the line. The couple being turned must always finish in the place of the couple above so that the set does not move down the floor. M always turn W, and W always turn M, and a new couple does not start until the previous couple has reached the bottom.
- 17-32 Repeat action of meas 1-16 Fig. III with the second couple reeling down the line. At the end of meas 32 set 1 (couples 1 & 2), and set 2 (couples 3 & 4) have changed places in the line.
- Figure IV
Face own partner diag across own set.
- 33-48 Repeat Fig. II dancing in two sets.
- Figure V
M 3 & W 4 are head couple, M 4 & W 3 are second couple.
- 1-32 Repeat Fig III with new head and second couple reeling down the lines in turn to finish with everyone in original pos.
- Figure VI
Face own partner diag across own set.
- 33-48 Repeat Fig. II dancing in two sets.

--presented by Grace Perryman